

Stubbers Kit List 2017

Wear old clothes that are appropriate for the weather. Layers of clothing are recommended. Pack extra vests, t-shirts and sweaters if weather looks like being chilly. You will probably do at least one water based activity each day. Be warned that if the weather is wet even the land based activities can leave you muddy and wet.

For Water Based Activities wear:

- Swimwear under outer clothing.
- Comfortable old footwear that will not come off easily (shoes, boots, trainers, jelly shoes, wet shoes - no heels)
- A complete change of clothes including shoes.

For Land Based Activities wear:

- Comfortable clothes, long sleeves and long trousers for protection.
- Sturdy footwear (shoes, boots, trainers - no heels, open toe sandals or slip-ons).

Quad biking and mountain boarding require long sleeves and trousers, participants will not be allowed to take part unless suitably clothed.

Suggested Packing List

2 swimming costumes/trunks
1 swimming towel (named)
1 bath towel (named)
1 toilet bag containing: toothbrush, toothpaste, soap, flannel, hairbrush etc
Night clothes
Socks and underwear
Pairs of shorts
T-shirts
Sweatshirts/cardigans (more than one)
Pairs of trousers and/or jeans and/or tracksuit bottoms
Waterproof jacket (and trousers, if you have them)
1 pair of wet shoes (labelled with initials using sharpie pen)
2 pairs of trainers and/or plimsolls (old)
Extra footwear for non-activity times (trainers/pumps - no high heels!)
1 large plastic bag for dirty clothes
1 pair of sunglasses
1 sun hat
Suntan lotion (clearly labelled)
Plastic drink bottle
No mobile phones!
No electronic games eg. PSP, DS Nintendo etc
Sweets for journey
Games for the journey - top trumps, puzzle books etc
Can bring **cheap** MP3 players - must not be a telephone MP3

All items taken to Stubbers are taken at the owner's risk.

Stubbers Criteria

Footwear: Due to the risk of underwater hazards footwear must be worn when participating in all water-based activities.

Jewellery: Such as earrings, body piercing, rings and some necklaces can cause injury whilst participating in adventurous activities and should not be worn. Studs are acceptable but we recommend that in accordance with best practice for physical education a sticking plaster is placed over them.

Lost Property: Clothing is kept for the duration of the visit and will be disposed of on the Monday immediately following the visit. Wet and badly soiled clothing is disposed of daily. Lost valuables not claimed after 21 days become the property of Stubbers and will be disposed of as they see appropriate (Tel: 01708 224753). Stubbers will post property to you on receipt of stamps to the appropriate value.