



Menu from September 2017

Week 1

	Main course option 1	Vegetarian option	Dessert
MONDAY	Tomato & Bacon Pasta Garlic Bread Fresh Salad Selection	Cheese & Tomato Pasta Garlic Bread Fresh Salad Selection	Yoghurt Cut Fresh Fruit
TUESDAY	Hot Dog Tortilla Chips & Dips Corn on the Cob	Quorn Hot Dog Tortilla Chips & Dips Corn on the Cob	Homemade Cookies Cut Fresh Fruit
WEDNESDAY	Spaghetti Bolognese Garlic Bread Fresh Salad Selection	Spaghetti & Tomato Sauce Garlic Bread Fresh Salad Selection	Jelly Cut Fresh Fruit
THURSDAY	Jacket Potato Chilli, Beans, Cheese Fresh Salad Selection	Jacket Potato Tuna, Beans, Cheese Fresh Salad Selection	Homemade Flapjack Cut Fresh Fruit
FRIDAY	Fish Fingers New Potatoes Seasonal Vegetables	Vegetable Fingers New Potatoes Seasonal Vegetables	Frozen Mousse Pots Cut Fresh Fruit

Week 2

	Main course option 1	Vegetarian option	Dessert
MONDAY	Tomato and Sausage Pasta Garlic Bread Fresh Salad Selection	Pesto Pasta Garlic Bread Fresh Salad Selection	Yoghurt Cut Fresh Fruit
TUESDAY	Prime Beef Burger Curly Fries Fresh Salad Selection	Quorn Escalope Curly Fries Fresh Salad Selection	Sweet Waffles Cut Fresh Fruit
WEDNESDAY	Crispy Chicken Wrap Rice Fresh Salad Selection	Quorn Burger in a Wrap Rice Fresh Salad Selection	Homemade Cake Cut Fresh Fruit
THURSDAY	All Day Breakfast - Sausage, Bacon, Omelette, Hash Brown Baked Beans	All Day Breakfast - Quorn Sausage, Omelette, Hash Brown Baked Beans	Ice Cream Pots Cut Fresh Fruit
FRIDAY	Fish Portion New Potatoes Seasonal Vegetables	Vegetable Burger New Potatoes Seasonal Vegetables	Homemade Biscuits Cut Fresh Fruit

Week 3

	Main course option 1	Vegetarian option	Dessert
MONDAY	Cheese & Ham Pasta Garlic Bread Fresh Salad Selection	Cheesy Pasta Garlic Bread Fresh Salad Selection	Homemade Cookies Cut Fresh Fruit
TUESDAY	Pepperoni Pitta Pizza Crispy Potatoes Fresh Salad Selection	Cheese & Tomato Pitta Pizza Crispy Potatoes Fresh Salad Selection	Jelly Cut Fresh Fruit
WEDNESDAY	Hot Sausage Roll Mash Baked Beans	Vegetable Slice Mash Baked Beans	Ice Cream Pots Cut Fresh Fruit
THURSDAY	Roast Dinner - Chicken, Roast Potatoes, Yorkshire Pudding Seasonal Vegetables	Roast Dinner - Quorn Roast, Roast Potatoes, Yorkshire Pudding Seasonal Vegetables	Yoghurt Cut Fresh Fruit
FRIDAY	Fish Fingers New Potatoes Seasonal Vegetables	Vegetable Fingers New Potatoes Seasonal Vegetables	Homemade Cake Cut Fresh Fruit



School Meals Menu

<u>Date</u>	<u>Week No</u>
Tuesday 5 th September (Non Pupil Day Monday)	1
Monday 11 th September	2
Monday 18 th September	3
Monday 25 th September	1
Monday 2 nd October	2
Monday 9 th October	3
Monday 16 th October	1

* All meals are cooked fresh on site each day by our Catering Team *

All meat is sourced from a local Butcher

Fresh cut fruit selection is available every day

Bread is served with each meal

Water & Milk are freely available

Please select vegetarian option or a roll if your child does not like the main option

On pasta days we also have a tray of plain pasta or spaghetti