PSHE Curriculum 2020 (including RSE)

Intent

PSHE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing physically, emotionally and socially. Pupils learn how their bodies grow and change and develop a range of skills to recognise and manage their emotions. The curriculum also tackles many of the moral, social and cultural issues that are part of growing up. Pupils learn about similarities and differences between people and cultures. They participate in a variety of cultural events such as Diwali, Hanukkah, Shrove Tuesday and Shavuot. We provide our children with opportunities to learn about rights and responsibilities and to appreciate what it means to be a respectful member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. The PSHE Curriculum helps pupils to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential. All our year groups have timetabled PSHE time but we encourage a cross-curricular approach to the development of PSHE skills and understanding. Circle time is used to listen to others and to be heard with the help of class friends.

The curriculum follows objectives from PSHE Association programme of study. At Jotmans Hall learning is split into topics under four main themes; Relationships, Safety and Wellbeing, Health (including RSE) and Living in the Wider World (including economic wellbeing). The curriculum has been updated in accordance with Statutory RSE Guidance, as detailed within the PSHE and RSE Policies.



Implementation

Early Years Foundation Stage

The following Early Years Outcomes are prerequisite skills for PSHE in KS1. The Early Years Foundation Skills Curriculum is split into seven areas of learning. The majority of outcomes are found within the area of learning Personal, Social and Emotional Development (PSED). However, the areas of learning Understanding the World & Physical Development, also contain outcomes relating to the PSHE curriculum. The Planning in the Moment approach and continuous provision is used to deliver and assess the EYFS curriculum. A range of implicit and explicit resources/ provision is available for the children to explore. Where appropriate, links will made to the whole school PSHE half termly themes through continuous provision and carpet time inputs.

EYFS	Relationships	Safety & Wellbeing	Living in the Wider World	Health
	Personal, Social and Emotional	Personal, Social and Emotional	Understanding the world	Physical Development
	<u>Development</u>	<u>Development</u>	People and Communities	Health & Selfcare
	Managing Feelings & Behaviour	Self Confidence & Self Awareness	They show interest in the lives of	They can tell adults when they are
	They are aware of their own feelings,	They can select and use activities and	people who are familiar to them.	hungry or tired or when they want to
	and know that some actions and	resources with help. They welcome	They remember and talk about	rest or play. They observe the effects
	words can hurt others' feelings. They	and value praise for what they have	significant events in their own	of activities om their bodies. They
	begin to accept the needs of others	done. They enjoy the responsibility of	experience. They recognise and	understand that equipment and tools
	and can take turns and share	carrying out small tasks. They are	describe special times or events with	have to be used safely. They gain
	resources, sometimes with support	more outgoing towards unfamiliar	family and friends. They show	more bowel and bladder control and
	from others. They can usually	people and more confident in new	interest in different occupations and	can attend to toileting needs most of
	tolerate delay when their needs are	social situations. They are confident	ways of life. They know some of the	the time themselves. They can usually
	not immediately met, and	to talk to other children when	things that make you unique, and can	manage washing and drying hands.
	understands wishes may not always	playing, and will communicate freely	talk about some of the similarities	The can dress themselves with help
	be met. They can usually adapt	about own home and community.	and differences in relation to friends	e.g. puts arms into open-fronted coat
Autumn	behaviour to different events, social	They show confidence in asking	or family.	or shirt when held up, pulls up own
30-50	situations and changes in routines.	adults for help.		trousers, and pulls up zipper once it
30-50				has been fastened at the bottom.
	Making Relationships	Managing Feelings & Behaviour	The World	
	They can play in a group, extending	They are aware of their own feelings,	They comment and ask questions	
	and elaborating play ideas e.g.	and know that some actions and	about aspects of their familiar world	
	building a role-play activity with other	words can hurt others' feelings. They	such as the place where they live or	
	children. They initiate play, offering	begin to accept the needs of others	the natural world. They can talk	
	cues to peers to join them. They keep	and can take turns and share	about some of the things they have	
	play going by responding to what	resources, sometimes with support	observed such as plants, animals,	
	others are saying and doing. They	from others. They can usually	natural and found objects. They talk	
	demonstrate friendly behaviour,	tolerate delay when their needs are	about why things happen and how	
	initiating conversations and forming	not immediately met, and	they work. They develop an	
	good relationships with peers and	understands wishes may not always	understanding of growth, decay and	
	familiar adults.	be met. They can usually adapt	changes over time. They show care	
		behaviour to different events, social	and concern for things and the	
		situations and changes in routines.	environment.	

EYFS	Relationships	Safety & Wellbeing	Living in the Wider World	Health
	Personal, Social and Emotional	Personal, Social and Emotional	Understanding the world	Physical Development
	<u>Development</u>	<u>Development</u>	People and Communities	Health & Selfcare
	Managing Feelings & Behaviour	Self Confidence & Self Awareness	They enjoy joining in with family	They eat a healthy range of
	They understand that their own	They are confident to speak to others	customs and routines.	foodstuffs and understand the need
	actions affect other people, for	about their own needs, wants		for a variety in food. They are usually
	example, becomes upset or tries to	interests and opinions. They can	The World	clean and dry during the day. They
	comfort another child when they	describe self in positive terms and	They look closely at similarities,	show some understanding that good
	realise they have upset them.	talk about abilities.	differences, patterns and change.	practices with regard to exercise,
	They are aware of the boundaries set,			eating, sleeping and hygiene can
Spring	and of behavioural expectations in	Managing Feelings & Behaviour		contribute to good health. They show
	the setting. They are beginning to be	They understand that their own		understanding of the need for safety
40-60	able to negotiate and solve problems	actions affect other people, for		when tackling new challenges and
	without aggression e.g. when	example, becomes upset or tries to		considers and manages some risks.
	someone has taken their toy	comfort another child when they		They Show understanding of how to
		realise they have upset them.		transport and store equipment safely.
	Making Relationships	They are aware of the boundaries set,		They practice some appropriate
	They initiate conversation, attends to	and of behavioural expectations in		safety measures without direct
	and takes account of what others say.	the setting. They are beginning to be		supervision.
	The	able to negotiate and solve problems		
		without aggression e.g. when		
		someone has taken their toy		
	Personal, Social and Emotional	Personal, Social and Emotional	Understanding the world	Physical Development
	<u>Development</u>	<u>Development</u>	People and Communities	Health & Selfcare
	Managing Feelings & Behaviour	Self Confidence & Self Awareness	They understand that different	Children know about, and can make
	Children talk about how they and others	Children are confident to try new	people have different beliefs,	healthy choices in relation to, healthy
	show feelings, talk about their own and	activities, and say why they like some	attitudes, customs and traditions and	eating and exercise. They manage
	others' behaviour, and its consequences, and know that some behaviour is	activities more than others. They are	why it is important to treat them with	their own basic hygiene and personal
	unacceptable. They work as part of a	confident to speak in a familiar group,	respect.	needs successfully, including dressing
	group or class, and understand and	will talk about their ideas, and will		and going to the toilet independently
Summer	follow the rules. They adjust their	choose the resources they need for	<u>The World</u>	
ELG	behaviour to different situations, and	their chosen activities. They say when	Children know that the environment	
	take changes of routine in their stride.	they do or don't need help.	and living things are influenced by	
	S S		human activity.	
	Making Relationships	Managing Feelings & Behaviour	They can describe some actions	
	Children play co-operatively, taking	Children talk about how they and	which people in their own community	
	turns with others. They take account of	others show feelings, talk about their	do that help to maintain the area	
	one another's ideas about how to	own and others' behaviour, and its	they live in.	
	organise their activity. They show	consequences, and know that some		
	sensitivity to others' needs and	behaviour is unacceptable. They work		
	feelings, and form positive relationships	as part of a group or class, and		
	with adults and other children.	understand and follow the rules.		

Key Stage 1 & 2- Rolling Programme

		Autumn	Spring	Summer
Van A		Relationships- TEAM	Relationships- Be Yourself	Living in the Wider World- Britain
nme	Year A	Cafatu O Mallhaina Aimina High	Health & RSE- Me and My Body	Living in the Wider World- Money
Year 1-6 g Programme		Safety & Wellbeing- Aiming High	(Year Group Specific)	Matters
Yeal Rolling Pr	Relationships- VIPs		Living in the Wider World- Respecting Rights	Safety & Wellbeing- Safety First
	Year B	Safaty & Wallhaing Think Dositive	Health & RSE- My Body	Living in the Wider World- One
		Safety & Wellbeing- Think Positive	(Year Group Specific)	World



KS1- Year 1 & 2

Year A Year 1/2	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year A – Autumn 1 Relationships-TEAM	1) I can talk about the teams I belong to. What teams are we a part of? What does it mean to be part of a team? 2) I can be a good listener. Why is it important to listen to other people? How can I be a good listener? 3) To explain how to be kind and why it is important. How can we show kindness to others? Why is it important to be kind to the people around you? 4) To talk about unkind behaviour, teasing and bullying. What can we do if we see teasing or bullying, or if it happens to us? What kinds of unkind behaviour are there? 5) To explain how to be a positive learner? How can we be positive learners? What can we do if we find something difficult? 6) To identify good and not so good choices. What choices can we make about our behaviour? How might our choices affect the members of our team?	team, class, group, community, carer, friends, family, listening, kind, unkind, fair, unfair, bullying, teasing, friendly joking, body language, consequence, choices, mindset, teamwork	In this unit children talk about and show the teams that they belong to and follow simple instructions by applying good listening techniques. They think of ways to show kindness to others and work in a group to discuss what they could do if they saw others being teased or bullied. Children work as a group to identify and sort helpful and not so helpful thoughts and good and not-so-good behaviour choices.	-To learn that they belong to various groups and communities, such as family and school. -To identify their special people (family, friends, carers), what makes them special and how special people should care for one another. -To learn to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation). -To learn to recognise what is fair and unfair, kind and unkind, what is right and wrong. -To offer constructive support and feedback to others. -To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say. -To recognise different types of teasing and bullying, to understand that these are wrong and unacceptable. -To learn strategies to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help. -To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals. -To learn how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences. -To recognise that their behaviour can affect other people.	Children to complete the Relationships- TEAM learning journey during each lesson and use opportunities within for self- assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year A	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year 1/2	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year A – Autumn 2 Safety & Wellbeing- Aiming High		qualities, opportunity, interests, positive, attitude, improve, resilience, job, skill, qualifications, gender, talk, creative, goal, aim, success, happy, home, achieve, learn,	_	Work) - To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals. -To learn about growing and changing and new opportunities and responsibilities that increasing independence may bring. -To recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, and to recognise that choices have good and not so good consequences. - To identify and respect the similarities and differences between people. -To share their opinions on things that matter to them and explain their views through discussion with one other person and the whole class. - To learn about change and loss and the associated feelings (including moving home, losing toys, pets or friends).	Children to complete the Safety & Wellbeing- Aiming High learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year A	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year 1/2	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year A - Spring 1 Relationships- Be Yourself	1) I can talk about what makes me special. What makes us special? Why is it important to be kind to ourselves? 2) I can name some of the different feelings I have and describe how they feel. What are our different feelings called? How can we describe them? 3) I can talk about things that I like that make me feel happy. When do we feel happy? What other good feelings do you feel? 4) I can talk about the things that make me feel unhappy or cross and have ideas about what to do when I have these feelings. What things make us feel unhappy or cross? What can we do when we have uncomfortable feelings? 5) I can discuss how change and loss make me feel. How does it feel when things change or we lose something precious? What can we do to help ourselves and others when this happens? What do these questions make you think about? 6) I can share what I think and feel with confidence. Why are our feelings and thoughts important? How can we explain our thoughts and feelings to others?	skills, talents, confidence, feelings, body language, facial expressions, sad, worried, excited, nervous, happy, safe, loved, cross, loss, change, green zone, yellow zone, blue zone, green zone, red zone, zones of regulation memories, likes, thoughts, talk	In this unit children say what makes them an individual and identify and name common feelings. They select times and situations that make them feel happy and talk about what makes them feel unhappy or cross. They explain how change and loss make them feel and understand the importance of sharing their thoughts and feelings.	-To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals. -To learn and understand ways in which they are all unique; understand that there has never been and will never be another 'them'. -To learn about good and not so good feelings, a vocabulary to describe their feelings to others and simple strategies for managing feelings. -To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set a simple but challenging goal. -To recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not-so-good consequences. -To be able to communicate their feelings to others, to recognise how others show feelings and how to respond. -To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class. -To learn about change and loss and the associated feelings (including moving home, losing toys, pets or friends).	Children to complete the Relationships-Be Yourself learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year A	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year 1/2	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year A-	1) I can describe ways that I can help	community,	In this unit children	-To learn that they belong to different groups	Children to complete
Summer 1	my school community.	belong, help,	identify groups and	and communities such as family and school.	the Living in the Wider
	What does it mean to belong to a	respect, share,	communities that		World- Britain learning
Living in the	community? What can we do to help	listen, choice,	they belong to and	-To learn how they can contribute to the life of	journey during each
Wider World-	our school community?	consequence,	explain how to be a	the classroom and school.	lesson and use
Britain	,	environment,	good neighbour. They	To be one and one deposits and the state on the large to	opportunities within
	2)I can describe ways that I can be a	built	describe what it is like	-To learn and understand that they belong to	for self-assessment.
	good neighbor.	environment, natural	to live in Britain and pick out things that	different groups and communities such as family and school.	Teachers to use
	What is it like in our community?	environment,	can both harm and	and school.	pink/green marking
	How can we be good neighbours?	responsibility,	help a	-To recognise that choices can have positive and	system to assess
	and the same of th	multicultural,	neighbourhood.	negative consequences.	against the L.O/ Key
	3)I can identify things that help and	diverse,	Children identify		questions after each
	harm my neighbourhood.	Britain, British,	similarities and	-To learn what improves and harms their local,	lesson (formative
	What makes our neighbourhood a	celebrate,	differences between	natural and built environments and develop	assessment). Sheet
	nice place to live? How can we keep it	neighbourhood	British People and talk	strategies and skills needed to care for these.	within learning journa
	a pleasant place for everyone?		about what makes		
	a picasant place for everyone:		them feel proud of	-To learn that people and other living things have	PSHE Foundation
	4) I can describe what it is like to live		being British.	rights and that everyone has responsibilities to	Assessment sheet to b
	in Britain.			protect those rights.	updated half termly
	What is Britain? What is it like to live			-To learn to share their opinions on things that	against PSHE Association Scheme of
	in Britain?			matter to them and explain their views through	Work Outcomes.
	III Britain:			discussions with one other person and the whole	Work Outcomes.
	EV Lean avalera have needle living in			class.	
	5) I can explore how people living in				
	Britain can be different and how they are the same.			-To learn to identify and respect the differences	
				and similarities between people	
	In what ways can British people be different from one another? How are				
				-To discuss ways in which we are the same as all	
	British people similar to one another?			other people; what we have in common with	
	C) Lorentham or Silver the Library			everyone else.	
	6) I can share my ideas about being				
	British and living in Britain.				
	What does it mean to be British? Why				
	should we be proud of living in				
	Britain?				

Year 1/2 Year A- Summer 2	Learning Objectives The Big Questions				
	The Rig Questions		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The big Questions		we gain?	Work)	
Summer 2	1) I can explain where money comes	money, coins,	In the unit 'Money	-To learn about the role money plays in their lives	Children to complete
	from and why we need it.	bank notes,	Matters', children	including how to keep it safe, choices about	the Living in the Wider
	Where does money come from? What	spend, save,	discuss things that	spending or saving money and what influences	World- Britain learning
Living in the	do we need money for?	income,	they can buy in the	these choices.	journey during each
Wider World-	•	possessions,	shops and talk about		lesson and use
Money	2) I can explain how we can keep	belongings,	different sources that	-To learn that money comes from different	opportunities within
Matters	money safe and why this is important.	receipt, piggy	money can come	sources and can be used for different purposes,	for self-assessment.
_	How can we keep money safe? Why is	bank, wallet,	from. Children learn	including the concepts of spending and saving.	
	it important to keep money safe?	purse, bank,	about the difference		Teachers to use
		shop, job,	between what they		pink/green marking
twinkf.com	3) I can explain choices I have about	work, wages,	want and what they		system to assess
	spending money and why it is	savings	need and talk about		against the L.O/ Key
	important to keep track of what I		ways we can keep		questions after each
	spend		track of what we		lesson (formative
	What choices do we have about		spend. They discuss ways they can keep		assessment). Sheet
	spending money? How do we keep		their belongings and		within learning journal
	track of what we spend?		money safe.		PSHE Foundation
			money sale.		Assessment sheet to be
	4) I can explain the difference				updated half termly
	between things we want and things				against PSHE
	we need.				Association Scheme of
	What is the difference between				Work Outcomes.
	things we want and things we need?				Work outcomes:
	Why is it important to understand				
	this?				
	5) I can explain how I keep my				
	belongings safe and why this is				
	important.				
	How can we be careful about our				
	belongings? Why is it important to do				
	this?				
	6) I can explain what happens when				
	we go shopping.				
	What happens when we go shopping?				
	What are the different kinds of things				
	we can buy?				

Year B Year 1/2	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year B- Autumn 1 Relationships- VIPs	The Big Questions 1) I can talk about the very important people in my life and explain why they are special. Who are our special people? What makes them special? 2) I can describe why families are important. Why are families important? How do the people in our families make us feel? 3) I can describe what makes someone a good friend. What makes a good friend? How can we be a good friend?	family, important, kind, help, love, feelings, together, argument, conflict, resolution, positive, disagreement, friends, friendship, cooperate, cooperation, team, care, support,	In the unit 'VIPs', children explain who the special people in their lives are and talk about the importance of families. They describe what makes someone a good friend and know how to resolve and argument in a positive way. Children identify ways to show others that they care and know the skills involved in successful	-To learn about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after themTo identify their special people (family, friends, carers), what makes them special and how special people should care for one another. -To offer constructive support and feedback to others. -To communicate their feelings to others, to recognise how others show feelings and how to respond. -To listen to other people and play and work	Children to complete the Relationships-VIPs learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning
	4) I can describe ways to help work out arguments and disagreements without being unkind. Why is it important to treat people fairly even when we are cross with them? What can we do about arguments and disagreements? 5) I can cooperate with others to achieve a task. What does 'cooperate' mean? How can we cooperate with others?	special	cooperation.	cooperatively (including strategies to resolve simple arguments through negotiation). -To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say. -To recognise that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable). -To recognise different types of teasing and bullying, to understand that these are wring and	pSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.
	6) I can describe how I can show my special people that I care about them and understand why this is important. Why is it important to let people know that they are special to us? How can we show our special people that we care?			unacceptable. -To know strategies to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help. -To recognise how their behaviour affects other people.	

Year B Year 1/2	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year B- Autumn 2 Safety & Wellbeing- Think Positive	1) I understand how happy thoughts can make me feel better. What is positive thinking? How can it help us feel good? 2) I can make good choices and consider the impact of my decisions. What choices do we have about things we say and do? How can these choices affect how we feel? 3) I can set myself goals and consider how to achieve them. What are helpful and unhelpful thoughts? What can we do if we find something challenging? 4) I can discuss my feelings and opinions with others and cope with difficult emotions. What things make us feel cross, worried or sad? What can we do if this happens? 5) I can discuss things I am thankful for and focus on what I do have, rather than what I don't have. How can we be thankful for the things that we have? How can being thankful help to make us happy? 6) I can focus on what is happening right now and how I am feeling. What is mindfulness? How can we be mindful?	happy, sad, angry, worried, positive thinking, challenge, practice, perseverance, safe, talking, sharing, feelings, emotions, gratitude, mindful, thoughts, decisions, goals, concentration, focus	In the unit 'Think Positive', children learn to identify and discuss feelings and emotions using simple terms. They learn to understand that they have a choice about how they react to things that have happened and describe difficult feelings and what might cause these. Children talk about personal achievements and goals and discuss things for which they are thankful. They learn some of the broad principles of mindfulness and describe things that make them feel happy and unhappy.	-To learn about good and not-so-good feelings, to develop a vocabulary to describe their feelings to others and to develop simple strategies for managing feelings. -To recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not-so-good consequences. -To recognise that choices can have good and not so good consequences. -To recognise that their behaviour can affect other people. To recognise what is fair and unfair, kind and unkind, what is right and wrong. -To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals. -To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class.	Children to complete the Safety & Wellbeing- Think Positive Learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year B	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year 1/2	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B- Spring	1) I can talk about what rights are and	rights,	In the unit 'respecting	-To know that people and other living things have	Children to complete
1	identify rights that all people share.	respect, fair,	rights', children learn	rights and that everyone has responsibilities to	the Living in the
	What are rights and what rights do all	share, people,	that all people have	protect those rights (including protecting others'	Wider World-
Living in the	people share? What special rights do	community,	rights and understand	bodies and feelings; being able to take turns, share	Respecting Rights
Wider World-	children have?	similar,	that there are people	and understand the need to return things that have been borrowed).	Learning journey
Respecting		different,	who protect their	-To recognise what is fair and unfair, kind and unkind,	during each lesson
Rights	2) I can explain who helps protect our	help, protect,	rights. They learn and	what is right and wrong.	and use
100	rights.	care, kind,	know what to do of	-To recognise ways in which we are the same as all	opportunities within
100000 100000 100000	Who helps us protect our rights?	love, safe,	they don't feel safe. Children talk about	other people; what we have in common with	for self-assessment.
	What can we do if we don't feel safe?	school, positive,	what respect means	everyone else	Teachers to use
2 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2	3) I can show respect for the rights of	behaviour,	and how to show it	-To share their opinions on things that matter to	pink/green marking
	others and understand why this is	contribute,	and identify ways in	them and explain their views through discussions	system to assess
	important.	family, local	which people can be	with one other person and the whole classTo recognise what they like and dislike, how to make	against the L.O/ Key
	What could happen if we didn't show	,,	different. They explain	real, informed choices that improve their physical and	questions after each
	respect for the rights of others?		what being fair means	emotional health, to recognise that choices can have	lesson (formative
	How can we show respect for the		and recognize that	good and not so	assessment). Sheet
			making a positive	good consequences.	within learning
	rights of others?		difference in school is	-To recognise that they share a responsibility for	journal.
	4) I can show respect for the		important.	keeping themselves and others safe, when to say,	
	differences between people.			'yes', 'no', 'l'll ask' and 'l'll tell' including knowing that	PSHE Foundation
	What does it mean to be different?			they do not need to keep secrets.	Assessment sheet to
	What are some of the ways that			-To recognise that their behaviour can affect other people.	be updated half
	people can be different from each			-To know that people and other living things have	termly against PSHE
	other? How should we behave			rights and that everyone has responsibilities to	Association Scheme of Work Outcomes.
	towards people who are different			protect those rights (including protecting others'	of work outcomes.
	from us?			bodies and feelings; being able to take turns, share	
				and understand the need to return things that have	
	5) I can understand why it is important			been borrowed).	
	to be fair.			-To know that people's bodies and feelings can be hurt (including what makes them feel comfortable	
	Does fair always mean equal? Why is			and uncomfortable).	
it	it important to be fair?			-To identify and respect the differences and	
	6) I can explain why making a positive			similarities between people.	
	difference is important.			-To know how they can contribute to the life of the	
	Why is it good to make a difference?			classroom and school.	
	How can we make a difference to our			-To understand that they belong to different groups	
				and communities, such as family and school	
	school and community?				

Year B	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year 1/2	Learning Objectives	,	understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
,	The Big Questions		we gain?	Work)	
Year A -	1) I can name the main parts of girls' and	girl, boy,	In this unit children use	-To know the names for the main parts of	Children to complete
Spring 2 -	boys' bodies.	friends,	the scientific names	the body (including external genitalia) and to	the My Body
	What are the main parts of our bodies?	happy, sad,	introduced to name	know the bodily similarities and differences	(including RSE) Year 2
Me & My	What are the differences between girls	angry,	male and female body	between girls and boys.	learning journey
Body	and boys? (Right to withdraw lesson-	worried,	parts and identify some	-To learn that people's bodies and feelings	during each lesson
(including	RSE)	lonely, safe,	differences between	can be hurt (including what makes them feel	and use
RSE)		trusted adult,	males and females.	comfortable and uncomfortable).	opportunities within
	2) I understand how to respect my own	getting help,	They identify the body	To learn to judge what kind of physical contact	for self-assessment.
	and other people's bodies.	baby, love,	parts that we keep	is acceptable, comfortable, unacceptable and	
Year 2	What is 'consent' and what are the rules	growing up,	private and understand the words 'no' and	uncomfortable and how to respond (including	Teachers to use
Year Group	for respecting people's bodies? What	change,	'stop'. Children	who to tell and how to tell them)	pink/green marking
Specific	should we do if these rules are broken?	toddler, pink,	understand that both	- To learn ways in which we are unique.	system to assess
		penis, vagina	people's bodies and	-To identify and respect the differences and	against the L.O/ Key
20	3) I understand that we are all different		feelings can be hurt	similarities between people.	questions after each
	and different people like different things.		and identify an adult	-To learn the process of growing from young to old	lesson (formative
1010	Can we tell what someone is like		they can talk to if they	and how people's need change.	assessment). Sheet
	depending on if they are a boy or a girl?		are concerned about	-To learn about growing and changing and new	within learning
	What is a stereotype?		inappropriate touch.	opportunities and responsibilities that increasing	journal.
			They talk about their	independence may bring.	
	4) I can describe how I have changed		likes and dislikes and	-To know about change and loss and the	PSHE Foundation
Parental right	since I was a baby.		understand that	associated feelings (including moving home,	Assessment sheet to
to withdraw	How have we changed since we were		different people like	losing toys, pets or friends).	be updated half
<mark>lesson – See</mark>	babies? What can we do now that we		different things.	-To think about themselves, to learn from their	termly against PSHE
Coordinator	couldn't do last year?		Children understand	experiences, to recognise and celebrate their	Association Scheme
Parent Talk			that girls can boys can like different things or	strengths and set simple but challenging goals.	of Work Outcomes.
Offered	5) I can describe how I will change as I get		the same things. They		
	older.		describe how they		
	What will we be able to do next year?		have changed since		
	How will we change as we grow older?		they were a baby and		
			understand that		
	6) I can describe things that might change		peoples' needs change		
	in a person's life and how it might make		as they grow older.		
	them feel.		Children talk about		
	What are some changes that might		things they'd like to do		
	happen in people's lives? What feelings		when they are older		
	can these changes cause?		and discuss some		
			changes that people		
			might go through in		
			life.		

Year B Year 1/2	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year B- Summer 1 Safety & Wellbeing- Safety First	1) I know how to stay safe and who can help if I feel unsafe. What can we do to keep ourselves safe? What should we do if we don't feel safe? 2) I know how to stay safe at home. Which objects in our home can be dangerous? What can we do to keep ourselves safe at home? 3) I know how to stay safe when I am out and about. How can we stay safe around roads? What other dangers do we need to look out for? 4) I can keep myself safe when I use the Internet. How can we use the Internet in a safe way? What rules must we follow when using the Internet? 5) I know my body belongs to me and how to keep my body safe. What is the Underwear Rule? What is the difference between a good secret and a bad secret? 6) I know who to go to if I need help. Which people help keep us safe? How can we help those people to look after us?	seatbelt, danger, help, e-safety, hurt, online, medicine, zebra crossing, pedestrian crossing, safe, careful, trusted adult, protect, rules, stranger danger, road safety, water safety, emergency, household products, the Underwear rule	In the unit 'Safety First', children identify everyday dangers and dangers in the home & outside. They learn basic rules that keep people safe, what to do if they feel in danger and recall the number to call in an emergency. Children identify which information is not safe to share online and learn the difference between 'good' and 'bad' secrets and that their body parts are private.	-To recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell' including knowing that they do not need to keep secrets. -To know about people who look after them, their family networks, who to go to if they are worried and how to attract their attention. -To know about the ways that pupils can help the people who look after them to more easily protect them. -To know rules for and ways of keeping physically and emotionally safe including responsible ICT use and online safety, road safety, cycle safety and safety in the environment, rail, water and fire safety. -To know that household products, including medicines, can be harmful if not used properly. -To know about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency. -To understand what is meant by 'privacy'; their right to keep things 'private'; the importance of respecting others' privacy. -To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them). -To know the difference between secrets and nice surprises (that everyone will find out about eventually) and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid.	Children to complete the Safety & Wellbeing- Safety First Learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

countries and say how it is the same as mine and how it is different. What are families like around the world? How are they similar to and different from ours? 2) I can discuss homes from around the world and say how they are the same as mine and how they are the same as mine and how they are the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different places that people live? What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.	Year B	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B- Summer 2 Summer 2 Summer 2 Summer 2 Summer 3	Year 1/2	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
countries and say how it is the same as mine and how it is different. What are families like around the world? How are they similar to and different from ours? 2) I can explain what it is like to go to school? 4) I can explore places where people live which are different places that people live? What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and what problems can this cause? 6) I can say why it is important to care for the earth and identify show I can help protect it.		The Big Questions		we gain?	Work)	
same as mine and how it is different. What are familiars like around the world? How are they similar to and different from ours? 2) I can discuss homes from around the world and how they are different. How is life different for children in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? whise is the same as or different from where I live. What are some of the different does that people live which are different from where I live. What are some of the different homes around the world and how they are different. How is life different for children in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different from where I live. What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.	Year B-	1) I can explore family life in different	family, home,	In the unit 'One	-To identify and respect the differences and	Children to complete
What are families like around the world? How are they similar to and different from ours? 2) I can discuss homes from around the world and say how they are the same as mine and how they are different. How is life different from years and the countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause? 6) I can asy why it is important to care for the earth and identify how I can help protect it.	Summer 2	countries and say how it is the	safe, happy,	World', children talk	similarities between people.	the Living in the
world? How are they similar to and different from ours? 2) I can discuss homes from around the world and say how they are the same as mine and how they are eighterent. How is life different for children in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different from where I live. What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems this can cause. How do people use things from the earth? What problems can this cause? 6) I can asy why it is important to care for the earth and identify how I can help protect it.		same as mine and how it is different.	love, care,	about people in their		Wider World- One
different from ours? 2) I can discuss homes from around the world and say how they are the same as mine and how they are different. How is life different for children in other countries? How is life different from my school in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different from where I live. What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how they are different from their environment, need, natural resources, Earth, protect, world, harm, help, choice, pledge different, environment, need, natural resources, Earth, protect, world, harm, help, choice, pledge different from their or children explain what an environment is and describe what their is chool is like. They learn and explain what natural resources are and identify how they explain what an environment is and describe what their is chool is like. They learn and explain what natural resources are and identify how people use them. Children explain what an environment is and describe what their is can cause. How do people use things from the earth and what problems can this cause? 6) I can say why it is important to care for the earth and identify how they are the same as and different from their own their school is like. They learn and explain what an environment is and describe what the expone be use them. Children explain what natural resources are and identify how people use them. Children explain what natural resources are and identify how people use them. Children explain what natural resources are and describe how they would feel if these things disappeared. To understand that they belong to different groups and communities such as family and school. To understand that they belong to differen	_	What are families like around the	trust, school,	1		World Learning
environment, need, natural resources, but of the countries? How is life different in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different places that people live? How do people use things from the earth? What problems can this cause? 5) I can think about how people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.		world? How are they similar to and	-	· ·		journey during each
2) I can discuss homes from around the world and say how they are the same as mine and how they are different. How is life different for children in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? What is it like to go to school? 4) I can explore places where people live which are different from where I live. What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause. How do people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.	One World	different from ours?	· ·		special people should care for one another.	lesson and use
world and say how they are the same as mine and how they are different. How is life different for children in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? and say how it is the same as or different from my school. What is it like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different from where I live. What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth? What problems can this cause. How do people use things from the earth? What problems can this cause? 6) I can say how they are different. How is life different for children in other countries? How is it the same? 3) I can explain what it is like to go to school in other countries? Why is it important to go to school? 4) I can explore places where people live which are different from where I live. What are some of the different places that people luse? 5) I can think about how people use things from the earth and identify how I can help protect it.	- 4.0					opportunities within
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help, choice, pledge Solution Solution		· · · · · · · · · · · · · · · · · · ·				Teachers to use
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which are different from where I live. What are some of the different places that people live? How does this affect their lives? 5) I can think about how people use things from the earth and what problems this can cause. How do people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.		4) I can explore places where people live				be updated half
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that people live? How does this affect their lives? 5) I can think about how people use things from the earth and what problems this can cause. How do people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.		What are some of the different places				Association Scheme
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5) I can think about how people use things from the earth and what problems this can cause. How do people use things from the earth? What problems can this cause? 6) I can say why it is important to care for the earth and identify how I can help protect it.		their lives?				
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6) I can say why it is important to care for the earth and identify how I can help protect it.						
for the earth and identify how I can help protect it.		eartn? What problems can this cause?				
for the earth and identify how I can help protect it.		6) I can say why it is important to care				
protect it.						
		· ·				
WITH IS IT IMPORTANT TO CATE FOR THE		Why is it important to care for the				
earth?						
What can we do to help?						

LKS2- Year 3 & 4

Year 3/4	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A –	1) I can talk about changes and how	team, group,	In this unit,	-To learn about change, including transitions	Children to complete
Autumn 1	they might make me feel.	listening.	children use	(between Key Stages and schools), loss,	the Relationships-
	How does it feel to start a new class?	body	pictures to express	separation, divorce and bereavement.	TEAM learning
Relationships-	What are we looking forward to? Is	language,	their thoughts,		journey during each
TEAM	there anything we will miss?	teamwork,	feelings and	-To deepen their understanding of good	lesson and use
	2) I can explain how and why we should	change,	worries and plan	and not so good feelings, to extend their	opportunities within for self-assessment.
TO TO	work well as a team.	responsibility,	and create a role	vocabulary to enable them to explain both	ioi seii-assessiiieiit.
J. J. G.	What are the features of a good team?	collaboratively,	play about a team	the range and intensity of their feelings	Teachers to use
	How do team members benefit from	communicatio	scenario. Children	to others.	pink/green marking
	being in a team?	n, achieve,	read clues and		system to assess
	3) I can describe how my actions and	ripple effect,	work as a team to	-To know that their actions affect themselves	against the L.O/ Key
	behaviour affect my team.	goals, consequences,	solve a crime and	and others.	questions after each
	How do the actions of our teammates	team mates,	identify a feeling		lesson (formative
	affect us? How is our team affected by	individual,	and how it is	-To work collaboratively towards shared goals.	assessment). Sheet
	our actions?	emotion,	expressed. They	-To develop strategies to resolve disputes	within learning
	4) I can pay attention to and respond	facial	show the	and conflict through negotiation and	journal.
	considerately to others.	expression,	resolution to a	appropriate compromise and to give rich	PSHE Foundation
	How can we tell what our team mates	considerate,	dispute through	and constructive feedback and support to	Assessment sheet to
	are feeling? How can we respond to the	dispute,	pictures and create	benefit others as well as themselves.	be updated half
	feelings of other people?	resolution	a list of 'Pass it On'		termly against PSHE
			ideas.	-To recognise and respond appropriately to a	Association Scheme
	5) I can describe why disputes might			wider range of feelings in others.	of Work Outcomes.
	happen and strategies to resolve them.			-To resolve differences by looking at	
	What happens when we fall out with our team members? How can we solve			alternatives, seeing and respecting others'	
				points of view, making decisions and	
	these problems?			explaining choices.	
	6) I can talk about my responsibilities				
	towards my team.			-To learn that they have different kinds of	
	Why is it important that everyone on a			responsibilities, rights and duties at home, at	
	team fulfils their responsibilities?			school, in the community and towards the	
	What are our responsibilities towards			environment; to continue to develop the skills	
	our team?			to exercise these responsibilities.	

Year 3/ 4 Year A	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year A – Autumn 2 Safety & Wellbeing- Aiming High	1) I can identify achievements and suggest how my actions can help me achieve. What have we achieved over the last year and what are we proud of? How did our behaviour and attitudes help us to achieve? 2) I can identify personal goals and suggest actions I can take to achieve them. What would we like to achieve over the year ahead? What do we need to do to help us achieve our goals? 3) I can explain how a positive learning attitude can help me learn new things. What behaviours can help us to learn new things? What can we do when we find our learning challenging? 4) I can identify the skills and attributes needed to do certain jobs. What kinds of jobs do people do? What kinds of skills and attributes would we need to do these jobs? 5) I understand that gender does not limit us in becoming we want to in the future. Can we be anything we want when we grow up? Are some jobs for men and some women? 6) I can discuss what job I might like to do when I grow up and what skills I need to achieve this. What might we like to do when we grow up? What skills would we need to develop to achieve this?	skills, opportunity, attribute, positive, attitude, improve, resilience, job, ambition, qualifications , gender, stereotype, challenge, goal, aim, success, happiness, growth mindset, achievement s, learn	In this unit, children discuss their personal achievements and skills and identify elements of a growth mindset. They talk about the range of jobs that people do and talk about what jobs they might like to do in the future. Children discuss goals they could set to work towards their ambitions and discuss challenges that many people face and how to overcome these.	To reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals. To face new challenges positively by collecting information, looking for help, making responsible choices and taking action. To think about the range of jobs carried out by people they know, and to understand how they can develop skills to make their own contribution in the future.	Children to complete the Safety & Wellbeing- Aiming High learning journer during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year 3/ 4 Year A	What are we learning? Learning Objectives	Vocabulary	What knowledge and understanding	What key skills will we learn? (Key outcomes- PSHE Association Scheme of	How will these be assessed?
Year A - Spring 1 Relationships- Be Yourself	The Big Questions 1) I can say the things about myself that I am proud of. What does it mean to have pride in ourselves? Why should we be proud of our achievements? 2) I can identify the feelings I have and describe how different emotions feel. What are our main feelings and emotions called? What do they feel like? When might these feelings happen? 3) I can describe different ways to cope with any uncomfortable feelings I may have and understand why this is important. What can we do when we feel unhappy or uncomfortable? Why is it important to tell people how you feel? 4) I know how to be assertive. What is 'being assertive'? When and how can we be assertive? 5) I can explore messages given by the media and decide if they are helpful or harmful. What messages do we get from the media about how people should look, feel and behave? Are those messages realistic? 6) I can identify different strategies I can use if I make a mistake. What can we do if we do something wrong or make a mistake? How can this help you in the future?	confidence, strengths, feelings, achievement, angry, calm, sad, worried, excited, nervous, happy, proud, thoughts, opinion, media, advertisement , assertive, sorry, uncomfortable, comfortable	In this unit children say what makes them an individual and identify and name common feelings. They select times and situations that make them feel happy and talk about what makes them feel unhappy or cross. They explain how change and loss make them feel and understand the importance of sharing their thoughts and feelings.	To reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals. To deepen their understanding of good and not-so-good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others. To learn what positively and negatively affects their physical, mental and emotional health. To recognise and respond appropriately to a wider range of feelings in others. To learn about change, including transitions (between key stages and schools), loss, separation, divorce and bereavement. To understand that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media. To recognise when they need help and to develop the skills to ask for help; to use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable or anxious or that they think is wrong. To recognise and manage 'dares'. To explore and critique how the media present information. To recognise how images in the media (and online) do not always reflect reality and can affect how people feel about themselves. To recognise and challenge stereotypes. To know that their actions affect themselves and others. To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action.	Children to complete the Relationships-Be Yourself learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year A Learning Objectives The Big Questions Year A - Spring 2 - Who does your body belong to? Body Year 3 Year Group Specific Learning Objectives The Big Questions Year 3 Year Group Specific Learning Objectives Work In the unit 'My Body', children choose, choose, healthy, sleep hygiene, exercise, muscle, substance, healthy? If you eat junk food And understanding will we gain? In the unit 'My Body', children explain what happens if they don't sleep enough hygiene, exercise, muscle, substance, prescription, They understand The Unit 'My Understanding that they have the substancial discuss what happens to muscles when we exercise them. They understanding will we gain? To learn about taking care of the understanding that they have the substancial discuss what happens if they muscles when we exercise them. They understand understanding will we gain? To learn about taking care of the understanding that they have the substancial discuss what happens to muscle swhen we exercise, healthy. To learn about taking care of the understanding that they have the substancial discuss what happens to muscle swhen we exercise them. To judge what kind of physical acceptable, comfortable, unacceptable, comfortable and how to response the substance when the substance wh	cheir body, the right to the priate and the grade in the skills and the skills and the priority in the priorit
Tyear A - Spring 2 - Who does your body belong to? Body Year 3 Year Group Specific Tyear Group Specific Tye	complete the My spriate and ng that actions n (FGM) constitute elop the skills and ort if they have complete the My Body (including RSE) Year 3 learning journey during each lesso
to my body and how to say no. Who does your body belong to? Does your body belong to anyone else? What do you get to decide? Year 3 Year Group Specific They understanding that they have the protect their body from inapprount and discuss what happens if they don't sleep enough and discuss what happens to muscle, substance, prescription, Who does your body belong to anyone else? What do you get to decide? Year 3 Year Group Specific They understanding that they have the protect their body from inapprount and discuss what happens if they don't sleep enough and discuss what happens to muscles when we exercise, muscle, substance, prescription, They understanding that they have the protect their body from inapprount and discuss what happens to muscle substance, fears for themselves or their performed acceptable, comfortable, uncomfortable and how to response to muscles when we exercise them. They understanding that they have the protect their body from inapprount and discuss what happens to muscles when we exercise, fears for themselves or their performed acceptable, comfortable, uncomfortable and how to response to muscles when we exercise them. They understanding that they have the protect their body from inapprount and discuss what happens to muscle substance, prescription, acceptable for their body from inapprount and the protect their body from inapprount and discuss what happens to muscle substance, prescription, acceptable for their body from inapprount and discuss what happens to muscle substance, prescription, acceptable for their body from inapprount and discuss what happens to muscle substance, prescription, acceptable for their body from inapprount and discuss what happens to muscle substance and discuss what happens to muscle substance and are a crime, and devent and discuss what happens to muscle substance and are a crime, and devent and discuss what happens to muscle substance and are a crime, and devent and discuss what happens to muscle substance and are a crime, and devent and discuss what h	complete the My spriate and ng that actions n (FGM) constitute elop the skills and ort if they have complete the My Body (including RSE) Year 3 learning journey during each lesso
Who does your body belong to? Does your body belong to anyone else? What do you get to decide? Year 3 Year Group Specific Who does your body belong to anyone else? What do you get to decide? Year 3 Year Group Specific Who does your body belong to anyone else? What do you get to decide? 2) I know how to keep my body healthy. What does your body need to be healthy? If you eat junk food Choose, healthy, sleep don't sleep enough and discuss what happens to muscles when we exercise, muscle, substance, prescription, They understand They understand protect their body from inapprounce unwanted contact; understandis such as female genital mutilation abuse and are a crime, and device strategies required to get support fears for themselves or their performance acceptable, comfortable, unacceptable, comfortable, uncomfortable and how to response to muscles when we exercise them. They understand	priate and ng that actions n (FGM) constitute elop the skills and ort if they have Body (including RSE) Year 3 learning journey during each lesso
Me & My Body Poes your body belong to anyone else? What do you get to decide? Year 3 Year Group Specific Does your body belong to anyone else? What do you get to decide? 2) I know how to keep my body healthy. What does your body need to be healthy? If you eat junk food Does your body belong to anyone else? What do you get to decide? healthy, sleep hygiene, exercise, muscles what happens to muscles when we exercise them. Substance, prescription, They understand unwanted contact; understandis such as female genital mutilation abuse and are a crime, and devisions to fears for themselves or their performance exercise them. They understandis such as female genital mutilation abuse and are a crime, and devisions to fears for themselves or their performance exercise them. They understandis such as female genital mutilation abuse and are a crime, and devisions to get suppose fears for themselves or their performance exercise them. They understandis such as female genital mutilation abuse and are a crime, and devisions to get suppose fears for themselves or their performance exercise them. They understandis such as female genital mutilation abuse and are a crime, and devisions to get suppose fears for themselves or their performance exercise them. They understandis such as female genital mutilation abuse and are a crime, and devisions to get suppose fears for themselves or their performance exercise them. They understandis such as female genital mutilation abuse and are a crime, and devisions are a crime, and devisions abuse and are a crime, and devisions are a crime, and devisio	ng that actions n (FGM) constitute elop the skills and ort if they have Body (merdang RSE) Year 3 learning journey during each lesso
else? What do you get to decide? Year 3 Year Group Specific What does your body need to be healthy? If you eat junk food Does your body belong to anyone else? What do you get to decide? Sleep hygiene, exercise, muscle, substance, prescription, They understand Imappens if they don't sleep enough and discuss what happens to muscles when we exercise them. They understand Such as female genital mutilation abuse and are a crime, and development to get support fears for themselves or their perfers if they don't sleep enough and discuss what happens to muscles when we exercise them. They understand	n (FGM) constitute elop the skills and ort if they have
Year 3 Year Group Specific Ye	elop the skills and ort if they have during each lesso
Year 3 Year Group Specific 2) I know how to keep my body healthy. What does your body need to be healthy? If you eat junk food Nygiene, exercise, muscles what happens to muscles when we exercise them. They understand Thygiene, exercise, muscles what we exercise them. They understand Strategies required to get support fears for themselves or their perecription, and discuss what happens to muscles when we exercise them. They understand They understand	ort if they have
Year Group Specific 2) I know how to keep my body healthy. What does your body need to be healthy? If you eat junk food 2) I know how to keep my body muscle, muscle, substance, prescription, They understand Exercise, muscles when we exercise them. They understand	· landuca
healthy. What does your body need to be healthy? If you eat junk food healthy? If you eat junk food healthy? If you eat junk food muscle, substance, prescription, They understand They understand muscles when we exercise them. They understand uncomfortable and how to respond to themselves of them per acceptable, comfortable, unacceptable, comfortable, unacceptable, comfortable and how to respond to themselves of t	
What does your body need to be healthy? If you eat junk food substance, prescription, prescription, They understand acceptable, comfortable, unaccundent uncomfortable and how to respond to the prescription, acceptable, comfortable, unaccundent uncomfortable and how to respond to the prescription, acceptable, comfortable, unaccundent uncomfortable and how to respond to the prescription.	
healthy? If you eat junk food prescription, They understand uncomfortable and how to resp	
	·
regularly, what are the effects on autonomy, that they can chose to tell and how to tell them).	
your body? What can you do to safe, what happens to -The concept of 'keeping somet	hing confidential or Teachers to use
become healthier? bedtime, their body and secret', when they should or shoul	
toothbrushing know when a this and when it is right to 'brea	k a confidence' or system to assess
3) I know why it is important to get hand 'secret' should be 'share a secret'.	against the LO/
anough sleep washing shared Children -10 learn how to make informed	Koy questions aft
Why is it important to get an ough	les can nave
sleep? How can getting enough sleep Silver	onsequences)
keep our bodies and minds healthy? instructions, for health and 'balanced lifestyle'.	assessment). She
What happens if we don't get enough warning know the -To recognise opportunities and	
sleep? medicine difference between to make their own choices about	
medicine and understanding what might influ	•
4) I know how good hygiene helps to harmful drugs and and the benefits of eating a bala	
stop the spread of disease. chemicals. They - To learn/know what positively	
How can we ston the spread of some explain how germs affects their physical, mental are	d emotional to be updated ha
dispasses What role does personal travel and spread health.	termly against
hygiene play? Why also is personal	DCLIF Association
Connicting emotions and when	Scheme of Work
hygiene important? now to inhibit the spread of germs. listen to, or overcome these. -To know that bacteria and viru	
5) I know how to take medicine safely health and that following simple	
and keep safe around drugs?	Floutines can
What are drugs? How can I stay safe To recognise, predict and asse	ss risks in different
around drugs?	
responsibly (including sensible r	_
their local environment) and to	
opportunity to build resilience.	

Year A- Summer 1 Living in the Wider World-Britain 2) I can and und What is democr 3) I can are and What are How do 4) I can and I can people. What do the righ 5) I can talk aboo What is importar respection.	nat are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A- Summer 1 Living in the Wider World-Britain 2) I can and und What is democr 3) I can are and What ar How are How do 4) I can and I ca people. What do the righ 5) I can talk aboo What is importarespection	arning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
Summer 1 Living in the Wider World-Britain 2) I can and und What is democr 3) I can are and What are How do 4) I can and I ca people. What de the righ 5) I can talk aboo What is importarespection	e Big Questions		will we gain?	Work)	
What ki people? Britain? 2) I can and und What is democr 3) I can are and What are How do 4) I can and I ca people. What do the righ 5) I can talk aboo What is importar respection.	I can describe what it is like to live	multicultural,	In this unit,	-To appreciate the range of national, regional,	Children to complete
Living in the Wider World-Britain 2) I can and und What is democr 3) I can are and What are How do 4) I can and I ca people. What do the righ 5) I can talk aboo What is importare respection.		society,	children describe	religious and ethnic identities in the United	the Living in the
Wider World-Britain? 2) I can and und What is democr 3) I can are and What are How do 4) I can and I ca people. What do the righ 5) I can talk aboo What is importar respecti	hat kinds of people are British	diverse,	what it is like to	Kingdom.	Wider World- Britain learning journey
Britain? 2) I can and und What is democr 3) I can are and What are How do 4) I can and I ca people. What do the righ 5) I can talk aboo What is importarespection.	ople? What is it like to live in	value,	live in Britain and		during each lesson
and und What is democr 3) I can are and What ar How are How do 4) I can and I ca people. What de the righ 5) I can talk abo What is importa respect	tain?	respect,	describe what	-To understand that there are basic human	and use
and und What is democr 3) I can are and What ar How are How do 4) I can and I ca people. What de the righ 5) I can talk abo What is importa respect		tradition,	being British means	rights shared by all peoples and all societies	opportunities within
What is democr 3) I can are and What are How are How do 4) I can and I ca people. What do the righ 5) I can talk abo What is importarespect	I can talk about what democracy is	democracy,	to them. They talk	and that children have their own special rights	for self-assessment.
democr 3) I can are and What are How do 4) I can and I ca people. What do the righ 5) I can talk abo What is importarespection	d understand why it is important.	equality,	about what	set out in the United Nations Declaration of	
3) I can are and What are How do 4) I can and I ca people. What do the right 5) I can talk about What is importarespection.	hat is democracy? Why is	human	democracy is and	the Rights of the Child.	Teachers to use
are and What ar How are How do 4) I can and I ca people. What do the righ 5) I can talk abo What is importa respect	mocracy important?	rights,	what rules and		pink/green marking
are and What ar How are How do 4) I can and I ca people. What do the righ 5) I can talk abo What is importa respect		freedom,	laws are. Children	-To know that these universal rights are there	system to assess against the L.O/ Key
What are How do 4) I can and I ca people. What do the right 5) I can talk aboo What is importarespection.	I can talk about what rules and laws	government,	describe the	to protect everyone.	questions after each
How are How do 4) I can and I ca people. What do the right 5) I can talk about What is importarespection.	e and identify how they help us.	rules, law,	diverse society in	To los our other dependence in an dath a basis	lesson (formative
How do 4) I can and I ca people. What do the righ 5) I can talk abo What is importa respect	hat are rules? What is the law?	enforce, protect,	Britain and talk about what liberty	-To know what democracy is and the basic institutions that support it.	assessment). Sheet
4) I can and I ca people. What do the right 5) I can talk abo What is importa respect	w are rules and laws enforced?				within learning
and I ca people. What do the righ 5) I can talk abo What is importa respect	w do rules and laws help us?	parliament,	means. They learn	To live our while and heavy miles and leves that	journal.
and I ca people. What do the righ 5) I can talk abo What is importa respect	Lean talk about what liberty magne	liberty,	about people from other countries	-To know why and how rules and laws that	
people. What do the righ 5) I can talk abo What is importa respect	I can talk about what liberty means	tolerance,	who do not live in a	protect themselves and others are made and enforced.	PSHE Foundation
What do the right 5) I can talk abo What is importa respect	d I can identify the rights of British	customs,	Democracy.	emorcea.	Assessment sheet to
the righ 5) I can talk abo What is importa respect	hat does liberty mean? What are	Citizen	Democracy.	-To understand why different rules are	be updated half termly against PSHE
5) I can talk abo What is importa respect	e rights shared by British people?			needed in different situations and how to take	Association Scheme
talk abo What is importa respect	: rights shared by british people:			part in making and changing rules.	of Work Outcomes.
talk abo What is importa respect	I can describe a diverse society and			part in making and changing rules.	
What is importa	k about why it is important.			-To understand that differences and	
importa respect	hat is diversity and why is it			similarities between people arise from a	
respect	portant? Why should we be			number of factors.	
	spectful of others?			Transcr of factors.	
6) I can	Parisi or official			-To research, discuss and debate topical	
OH CALL	I can explain what being British			issues, problems and events.	
•	eans to me and to others.			The state of the s	
	hat does being British mean to me?			-To consider the lives of people living in other	
	es 'being British' mean the same to			places, and people with different values and	
	people?			customs.	

Year 3/ 4 Year A	What are we learning? Learning Objectives	Vocabulary	What knowledge and understanding	What key skills will we learn? (Key outcomes- PSHE Association Scheme of	How will these be assessed?
Year A-Summer 2 Living in the Wider World-Money Matters	The Big Questions 1) I can explain what skills are needed for a range of jobs and why people go to work. Why do people go to work? What other ways do people get money? 2) I can explain the different ways people pay for things. What are notes, coins, debit and credit cards, cheques and bank accounts? What do they do? 3) I can explain ways people can borrow money and discuss some of the consequences of borrowing. Why do people borrow money? What are the consequences of borrowing money? 4) I can explain the difference between things we want and things we need. What is the difference between a want and a need? What are priorities? 5) I can explain how adverts try to influence our spending and why they do this. Why do adverts try to influence the way we spend money? How do they do it? 6) I can explain ways I can keep track of what I spend and why it is important to do this. How can we keep track of money? Why is it important to do this?	money, coins, bank notes, spend, save, income, employment, wages, benefits, credit, cheque, debt, repayments, prioritise, budget, receipt, advertisement , profit, consumer, savings	In this unit, children discuss where money comes from and talk about reasons why people go to work. They discuss payment resources we can use to spend money and consider why and how people might get into debt. Children identify things they want and things they need and explain ways we can keep track of what they spend.	-To learn about the role money plays in their own and others' lives, including how to manage their money and how to be a critical consumer. -To learn about the range of jobs carried out by people they know, and to understand how they can develop skills to make their own contribution in the future. - To understand that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world. - To develop an initial understanding of 'interest', 'loan', 'debt' and 'tax' (e.g. their contribution to society through the payment of VAT). - To explore and critique how the media present information.	Children to complete the Living in the Wider World- Money Matters learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year 3/4	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B-	1) I can explain why we need new	friends,	In this unit,	-To recognise and respond appropriately to a wider	Children to complete
Autumn 1	friendships and how to make them.	friendship,	children discuss	range of feelings in othersTo know that their actions affect themselves and	the Relationships-
Relationships-	Why is it a good idea to make new	hobbies,	how our attitudes	others.	VIPs learning journey during each lesson
VIPs	friends? How can we make new	respect,	can impact new	-To be aware of different types of relationship,	and use
	friends?	kind,	friendships being	including those between acquaintances, friends,	opportunities within
		relatives,	made and create a	relatives and families.	for self-assessment.
	2) I can create a list of positive actions	family,	plan for being an	-To know that their actions affect themselves and	
	needed to stay friends with my	support,	anonymous friend	others.	Teachers to use
THE STATE OF	friends.	reflect,	over the course of	-To learn to recognise what constitutes a positive,	pink/green marking
	How should we treat our friends?	falling out,	a week. They	healthy relationship and develop the skills to form	system to assess
	Why is it important to be kind to our	resolution,	reflect on different	and maintain positive and healthy relationships.	against the L.O/ Key
	friends?	arguments,	characters in a	-To recognise ways in which a relationship can be unhealthy and who to talk to if they need support.	questions after each lesson (formative
	2)	opinions,	story about dares	-To understand personal boundaries; to identify	assessment). Sheet
	3) I can identify my own support	differences,	and discuss the	what they are willing to share with their most	within learning
	network.	decisions,	different outcomes	special people; friends; classmates and others; and	journal.
	What makes a good friend? What can	compromise,	for each character.	that we all have rights to privacy.	
	we do if someone is not a good	bullying,	Children work	-To resolve differences by looking at alternatives,	PSHE Foundation
	friend?	teasing,	together to create	seeing and respecting others' points of view,	Assessment sheet to
	1) I can damanatrata stratagias for	victim, help	a role play about	making decisions and explaining choices.	be updated half
	4) I can demonstrate strategies for		positive resolution	-To develop strategies to resolve disputes and conflict through negotiation and appropriate	termly against PSHE Association Scheme
	resolving conflicts.		techniques and	compromise and to give rich and constructive	of Work Outcomes.
	How and why do people fall out with their friends? What can we do when		create a poster	feedback and support to benefit others as well as	or work outcomes.
			with ideas to help someone who is	themselves.	
	this happens?		being bullied.	-To realise the nature and consequences of	
	5) I can identify what bullying is.		being builled.	discrimination, teasing, bullying and aggressive	
	What are the different ways that			behaviours (including cyber bullying, use of	
	people can be bullied? How can this			prejudice-based language, how to respond and ask	
	affect the people involved?			for help).	
	anect the people involved:			-To realise the consequences of anti-social and aggressive behaviours such as bullying and	
	6) I know what to do if someone is			discrimination of individuals and communities.	
	being bullied.			-To learn how to recognise bullying and abuse in all	
	What strategies can we use if we feel			its forms (including prejudice-based bullying both	
	we are being bullied? What can we			in person, online and through social media).	
	do to support someone we feel is				
	being bullied?				
	nemg bumeu:				

Year 3/ 4	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B-	1) I understand that having a positive	positive	In this unit,	-To deepen their understanding of good and	Children to complete
Autumn 2	attitude is good for our mental health.	thoughts,	children	not so good feelings, to extend their	the Safety &
Safety &	What is a happy mind? How can it	negative	understand that it	vocabulary to enable them to explain both the	Wellbeing- Think Positive learning
Wellbeing-	make a difference to our lives?	thoughts,	is important to look	range and intensity of their feelings to others.	journey during each
Think Positive	2) I can recognise and manage positive	attitude,	after their mental	-To consider what positively and negatively	lesson and use
	and negative thoughts effectively.	uncomfortab	health and	affects their physical, mental and emotional	opportunities within
	What are helpful and unhelpful	le actions,	recognise and	health.	for self-assessment.
	thoughts? How do they affect the	mental	describe a range of	To be seen the cost of the cos	
Cinco	way we feel?	health,	positive and	-To learn about change, including transitions	Teachers to use
	2) Lundoustond that come above as con-	practice,	negative emotions.	(between key stages and schools), loss	pink/green marking
	3) I understand that some changes can be difficult, but that there are things	perseveranc	They discuss	separation, divorce and bereavement.	system to assess against the L.O/ Key
	we can do to cope.	e, change,	changes people	-To recognise that they may experience	questions after each
	How does it feel when big changes	effort,	may experience in their lives and how	conflicting emotions and when they might	lesson (formative
	happen in our lives? How can we	control,		need to listen to, or overcome these.	assessment). Sheet
	cope with these feelings?	feelings, emotions,	they might make them feel. Children	-To understand what positively and negatively	within learning
	'	calm,	talk about things	affects their physical, mental and emotional	journal.
	4) I can use mindfulness techniques to	achievement	that make them	health.	
	keep calm.	s, thoughts,	happy and help		PSHE Foundation
	What is mindfulness and how can it	decisions,	them to stay calm	-To learn how their body will, and their	Assessment sheet to be updated half
	help? How can we be mindful?	goals,	and identify	emotions may, change as they approach and	termly against PSHE
	5) I can identify uncomfortable	mindful,	uncomfortable	move through puberty.	Association Scheme
	emotions and manage them	growth	emotions and what	-To reflect on and celebrate their	of Work Outcomes.
	effectively.	mindset	can cause them.	achievements, identify their strengths and	
	How do uncomfortable feelings affect		They identify and	areas for improvement, set high aspirations	
	our actions and behaviour? What can		discuss the	and goals.	
	we do to manage uncomfortable		characteristics of	-To learn how to make informed choices	
	feelings?		being a good	(Including recognising that choices can have	
	6) I can apply a positive attitude		learner.	positive, neutral and negative consequences)	
	towards learning and take on new			and to begin to understand the concept of a	
	challenges.			'balanced lifestyle'.	
	What is a positive attitude to			•	
	learning?			-To face new challenges positively by	
	What strategies can we use when we			collecting information, looking for help,	
	find something challenging?			making responsible choices and taking action.	
	inia Joinetining Chancinging:				

Year 3/ 4	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B- Spring	1) I understand what rights are and that	human	In this unit,	-To understand that there are basic human rights	Children to complete
1	all people share the same rights	rights,	children learn what	shared by all peoples and all societies and that	the Living in the
	What are rights and what rights do all	universal,	human rights are	children have their own special rights set out in the	Wider World-
Living in the	people share? What special rights do	equality, fair,	and understand	United Nations Declaration of the Rights of the	Respecting Rights
Wider World-	children have?	respect,	that all people	Child.	learning journey
Respecting		protect,	share the same	-To know that these universal rights are there to	during each lesson
Rights	2) I understand what the Universal	share,	rights. They learn	protect everyone and have primacy both over national law and family and community practice.	and use
TOS.	Declaration of Human Rights and the	choice,	about The	-To understand that these universal rights are	opportunities withir for self-assessment.
MINISTER STATE OF THE STATE OF	Declaration of the Rights of the Child are	action,	Universal	there to protect everyone and have primacy both	101 3611-0336331116111.
	and why they are important.	rights-	Declaration of	over national law and family and community	Teachers to use
1 2 / 2000 TI"	Are some human rights more important	respecting,	Human Rights and	practice.	pink/green marking
	than others? If we could add a right to	kindness,	the Declaration of	-To research, discuss and debate topical issues,	system to assess
	the declaration, what would it be?	impact,	the Rights of the	problems and events that are of concern to them	against the L.O/ Key
		rules, law,	Child. Children	and offer their recommendations to appropriate	questions after eacl
	3) I can explain what democracy is and	discriminate,	know why we have	people.	lesson (formative
	how this relates to rules and human	stereotype,	rules and how they	-To know why and how rules and laws that protect	assessment). Sheet
	rights.	happy, safe,	help us and	them and others are made and enforced, why	within learning
	Why do we have rules? What kind of	healthy,	understand that no	different rules are needed in different situations	journal.
	rules do we have? How does following	fulfilling	one should take	and how to take part in making and changing rules.	DCUE Farm dation
	rules help us?	lummig	away our human	-To know what democracy is and about the basic institutions that support it locally and nationally.	PSHE Foundation Assessment sheet to
	4) I understand that human rights are		rights. They are	-To realise the consequences of anti-social,	be updated half
	not dependent on responsibilities.		able to explain	aggressive and harmful behaviours such as bullying	termly against PSHE
	Are rights and responsibilities		what respect	and discrimination of individuals and communities;	Association Scheme
	connected? Can we have rights without		means and	to develop strategies for getting support for	of Work Outcomes
	responsibilities?		understand how	themselves or for others at risk.	
	responsibilities.			-To listen and respond respectfully to a wide range	
	5) I can explain what it means to respect		they can respect	of people, to feel confident to raise their own	
	the rights of others and I understand		the rights of others.	concerns, to recognise and care about other	
	why this is important.		Children can	people's feelings and to try to see, respect and if	
	What is respect and why is it important		describe what a	necessary constructively challenge others' points	
	that rights are respected? What does it		stereotype is and	of view.	
	mean to respect the rights of others?		understand how	-To understand that differences and similarities	
			stereotypes can be	between people arise from a number of factors,	
	6) I understand how stereotypes can		harmful.	including family, cultural, ethnic, racial and	
	stop people's human rights being met.			religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected	
	What can we tell about a person by			characteristics' in the Equality Act 2010).	
	looking at a picture? How can			-To recognise and challenge stereotypes.	
	stereotypes be harmful?			10 1000gmbe and chancinge stereotypes.	

Year 3/ 4 Year B	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year B- Spring 2	I know how to make better choices and choose healthy habits.	consent,	In this unit,	-To learn how to make informed choices (including recognizing that choices can have	Children to complete the My Body
Me & My Body	What choices do I have? How can I make better, healthier choices?	resilience, balance, consequences	understand the importance of sleep and identify	positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle'.	(including RSE) Year 4 learning journey during each lesson and use
Year 4 Year Group Specific	2) I understand why getting enough sleep is important. What are the effects of not getting	deprivation, meditation, routine, habit, lesbian, gay,	choices that will benefit their health and provide a	-To understand what positively and negatively affects their physical, mental and emotional health.	opportunities within for self-assessment.
	enough sleep? How can we get a good night's sleep? 3) I understand that there are many	relationships, growing up, partnership,	balanced lifestyle. Children identify positive aspects about themselves.	-To know how to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a	Teachers to use pink/green marking system to assess against the L.O/ Key
	different types of relationships and families. What are loving relationships like?	parents, grandparents body image, healthy,	They identify some factors that influence the	'balanced lifestyle' To learn that civil partnerships and marriage are examples of stable, loving relationships	questions after each lesson (formative assessment). Sheet
	What kinds of families are there? 4) I understand what a positive body	unhealthy	choices they make about their bodies and understand	and a public demonstration of the commitment made between two people who love and care for each other and want to	within learning journal. PSHE Foundation
	image is. What messages about our bodies do we get from the media? How can		that many images they see in the media are	spend their lives together and who are of the legal age to make that commitment. -To learn about the difference between sex,	Assessment sheet to be updated half termly against PSHE
	images influence how we think, feel and behave?		artificially enhanced. Children talk about	gender identity and sexual orientation and the terms associated with sex, gender identity and sexual orientation.	Association Scheme of Work Outcomes.
			their own family and relationships within it and	-To learn that two people who love and care for one another can be in a committed relationship and not be married or in	
			understand that there are many different types of	a civil partnershipTo recognise how images in the media (and online) do not always reflect reality and can	
			families. They identify similarities and differenced in	affect how people feel about themselvesTo explore and critique how the media present information.	
			different loving relationships.	-To recognise and challenge stereotypes.	

Year 3/ 4	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B-	1) I can be responsible for making good	seatbelt,	In this unit,	-To recognise how their increasing independence brings	Children to complete
Summer 1	choices to stay safe and healthy.	injury, help,	children discuss	increased responsibility to keep themselves and others safeTo know about people who are responsible for helping them	the Safety &
	How are we becoming more	decision,	things they can do	stay healthy and safe; how they can help these people to keep	Wellbeing- Safety
Safety &	independent now we are growing	risk, danger,	independently that	them healthy and safe.	First learning journey
Wellbeing-	older? What new responsibilities do we	hazard, e-	they used to need	-To differentiate between the terms, 'risk', 'hazard' and	during each lesson
Safety First	have as we get older?	safety, dare,	help with. They	'danger'To recognise when they need help and to develop the skills to	and use
	2) I am infantification alteration and act	online, harm,	describe what a	ask for help; to use basic techniques for resisting pressure to do	opportunities within
SAFETY	2) I can identify a risky situation and act	safe,	dare is and identify	something dangerous, unhealthy, that makes them	for self-assessment.
	responsibly.		·	uncomfortable or anxious or that they think is wrongTo know how pressure to behave in unacceptable, unhealthy	
fw tw	What risks, hazards and dangers do we	cigarettes,	situations involving	or risky ways can come from a variety of sources, including	Teachers to use
	face in everyday life? What can we do if	alcohol,	peer pressure. They	people they know and the media.	pink/green marking
	we think we're in a risky situation?	drugs,	can identify and	-To recognise, predict and assess risks in different situations and decide how to manage them responsibly.	system to assess
	3) I understand that I can choose not to	medicine,	discuss some	-To have strategies for keeping physically and emotionally safe	against the L.O/ Key
	do something that makes me feel	peer	school rules for	including road safety (including cycle safety- the Bikeability	questions after each
	uncomfortable.	pressure,	staying safe and	programme), and safety in the environment (including rail,	lesson (formative
	How do we know if we are being	password,	healthy and explain	water and fire safety). -To learn strategies for keeping physically and emotionally safe.	assessment). Sheet within learning
	pressured to do something risky or	zebra	what it means to	-To learn school rules about health and safety, basic emergency	journal.
	dangerous? What do we do if we are	crossing,	be kind and	aid procedures, where and how to get help.	Journal.
	being pressured to do something that	pedestrian	respectful online.	-To recognise and manage 'dares'To know which, why and how, commonly available substances	PSHE Foundation
	makes us feel uncomfortable?	crossing	Children identify	and drugs (including alcohol, tobacco and 'energy drinks') can	Assessment sheet to
			which information	damage their immediate and future health and safety; that	be updated half
	4) I know how to be safe on and near		that they should	some are restricted and some are illegal to own, use and give to others.	termly against PSHE
	the road.		never share online	-To know and use strategies for keeping safe online; the	Association Scheme
	What are the dangers of using the		and identify who	importance of protecting personal information, including	of Work Outcomes
	road? How can we use the road safely?		they should tell if	passwords, addresses and the distribution of images of	
			1	themselves and othersTo recognise bullying and abuse in all its forms (including	
	5) I know about dangerous substances		they see something	prejudice-based bullying both in person, online and through	
	and how they affect the human body.		online that worries,	social media).	
	What are drugs, cigarettes and alcohol?		confuses or upsets	-To understand personal boundaries; to identify what they are willing to share with their most special people; friends;	
	How do they affect the body and why		them Children list	classmates and others; and that we all have rights to privacy.	
	are they dangerous?		some of the	-To know about the responsible use of mobile phones: safe	
	6) I can keep myself safe when I use the		dangers we face	keeping (looking after it) and safe user habits (time limits, use of	
	Internet.		when we use the	passcode, turning it off at night etc.) -To learn how to manage requests for images of themselves or	
	What are the risks when using ICT?		road and describe	others; what is and is not appropriate to ask for or share; who	
	How can we keep ourselves safe		drugs, cigarettes	to talk to if they feel uncomfortable or are concerned by such a	
	online?		and alcohol in basic	requestTo critically examine what is presented to them in social media	
	omme:		terms.	and why it is important to do so; understand how information	
				contained in social media can misrepresent or mislead; the	
		1		importance of being careful what they forward to others.	1

Year 3/ 4	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B-	1) I can discuss ways in which people's	Malawi,	In this unit,	-To consider the lives of people living in other	Children to complet
Summer 2	lives are similar and different and give	Africa, fair,	children describe	places and people with different values and	the Living in the
reasons for these differences.	unfair,	similarities and	customs.	Wider World- One	
Living in the	What are the similarities and differences	inequality,	differences	-To understand that differences and	World First learning
Wider World- One World	in the lives of Chiwa and Kwende? Why are their lives so different?	stereotype,	between people's	similarities between people arise from a	journey during each lesson and use
One world		global	lives in different	number of factors, including family, cultural,	opportunities within
1	2) I can explore differences of opinion and	warming,	parts of the world.	ethnic, racial and religious diversity, age, sex,	for self-assessment.
	identify if I feel these are fair.	poverty,	They express their	gender identity, sexual orientation and	
	What are Chiwa's reasons for wanting to attend school? What are her mother's	urban, rural,	own opinions and	disability.	Teachers to use
. / \	reasons for wanting her to stay at home?	trade, global,	identify opinions	-To recognise and challenge stereotype.	pink/green marking
		citizen,	that are different	-To understand that there are basic human	system to assess
	3) I can think about the lives of people living in other places, make considered	climate,	from their own.	rights shared by all people and all societies	against the L.O/ Key
	decisions and give reasons for my	help, charity,	Children learn and	and that children have their own special rights	questions after each
	opinions.	consequence	recognise that their	set out in the United Nations Declaration of	lesson (formative assessment). Sheet
	What do we think Chiwa's family should	community,	actions impact on	the Rights of the Child.	within learning
	do? Can we give reasons for our	similar,	people in different	-To research, discuss and debate topical	journal.
	opinions?	different	countries and know	issues, problems and events that are of	, , , , , , , , , , , , , , , , , , , ,
	4) I can recognise how my actions impact		that there are	concern to them and offer their	PSHE Foundation
	on people living in different countries and		organisations	recommendations to appropriate people.	Assessment sheet to
	can identify things I can do to make the		working to help	-To understand that resources can be	be updated half
	world a fairer place.		people in	allocated in different ways and that these	termly against PSHE
	How can our actions affect the lives of		challenging	economic choices affect individuals,	Association Scheme
	people like Chiwa? What can we do to		situations in other	communities and the sustainability of the	of Work Outcomes
	help make the world a fairer place to live?		communities. They	environment across the world.	
			know what climate	-To understand that they have different kinds	
	5) I can explain what climate change is and		change is and	of responsibilities, rights and duties at home,	
	how it affects people's lives and identify		discuss its effects.	at school, in the community and towards the	
	what I can do to help. What is climate change and how does it			environment, to continue to develop skills to	
	affect people like Chiwa? what can we do			exercise these responsibilities.	
	to help?			-To recognise the role of voluntary,	
				community and pressure groups especially in	
	6) I can identify different organisations which help people in different countries			relation to health and wellbeing.	
	who are in challenging situations and				
	explain how they do this.				
	What kind of organisations help people				
	like Chiwa? What kind of things they do?				

UKS2- Year 5 & 6

Year 5/6	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A –	1) I can talk about the attributes of a	teamwork,	In this unit,	-To know that their actions affect themselves	Children to complete
Autumn 1	good team.	collaborate,	children use	and others.	the Relationships-
	Can we think of any teams that we	respect,	pictures to express	-To work collaboratively towards shared goals.	TEAM learning
Relationships-	admire? What are the attributes that	honesty, kind,	their thoughts,	-To listen and respond respectfully to a wide	journey during each lesson and use
TEAM	make a good team?	listen,	feelings and	range of people, to feel confident to raise	opportunities within
	2) I can accept that people have	communicate	worries and plan	their own concerns, to recognise and care	for self-assessment.
2000	different opinions and know that I can	team,	and create a role	about other people's feelings and to try to	Tor sen assessment.
M D Q Q Control	politely disagree with others and offer	contribute,	play about a team	see, respect and if necessary constructively	Teachers to use
	my own opinion.	dispute,	scenario. Children	challenge their points of view.	pink/green marking
	How can we make our views heard	discuss, compromise,	read clues and	-To face new challenges positively by	system to assess
	without falling out with others? How	sensitive,	work as a team to	collecting information, looking for help,	against the L.O/ Key
	can we respond respectfully to other	care,	solve a crime and	making responsible choices and taking action.	questions after each
	people's feelings and opinions?	responsibility,	identify a feeling	-To develop strategies to resolve disputes and	lesson (formative
	3) I can work collaboratively to complete	consequence,	and how it is	conflict through negotiation and appropriate	assessment). Sheet
	a task.	role,	expressed. They	compromise and to give rich and constructive	within learning journal.
	What does collaborate mean? When	classroom,	show the	feedback and support to benefit others as well	Journal.
	have we worked collaboratively?	admire,	resolution to a	as themselves.	PSHE Foundation
	4) I can compromise to ensure a task is	opinion,	dispute through	-To learn how to resolve differences by	Assessment sheet to
	completed.		pictures and create	looking at alternatives, seeing and respecting	be updated half
	What is compromise? How can		a list of 'Pass it On'	others' points of view, making decisions and	termly against PSHE
	compromising help to resolve difficult		ideas.	explaining choices.	Association Scheme
	situations?			- To learn about change, including transitions	of Work Outcomes
	5) I can reflect on the need to care for			(between key stages and schools), loss,	
	individuals within a team.			separation, divorce and bereavement.	
	How can we be sensitive to the feelings			-To know why and how rules and laws that	
	of others? How can we make other			protect themselves and others are made and	
	people feel valued?			enforced, why different rules are needed in	
	6) I can understand the importance of			different situations and how to take part in	
	shared responsibilities in helping a team			making and changing rules.	
	to function successfully.			-To learn that they have different kinds of	
	Why are responsibilities important in a			responsibilities, rights and duties at home, at	
	team? What are the most important			school, in the community and towards the	
	responsibilities for our team?			environment; to continue to develop the skills	
	•			to exercise these responsibilities.	

Year 5/6	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A – Autumn 2 Safety & Wellbeing- Aiming High	The Big Questions 1) I can understand how people learn new things and achieve certain goals. What have we achieved and learnt since we started school? What skills and attributes have we used to make that happen? 2) I can understand that a positive attitude towards learning can help us succeed in life. How do successful learners overcome challenges? How do positive learning strategies help us? 3) I can understand that a positive attitude towards learning can help us succeed in life. How do successful learners overcome challenges? How do positive learning strategies help us? 4) I can understand that gender does not determine what jobs people can do. Can some jobs only be done by certain kinds of people? Are some jobs for men and some for women? 5) I can understand why it is important to develop certain skills to prepare for the world of work. What skills might we need in the world of work? What is enterprise and why is it important? 6) I can discuss my goals for the future and the steps I need to take to achieve them. What would we like to achieve in the next year? Five years? Ten years? What steps can we take to help us achieve our goals?	skills, opportunity, barrier, positivity, effort, job, ambition, qualifications gender, stereotype, challenge, goal, enterprise, success, achievements learn, motivation, inspiration	In this unit, children discuss their personal achievements and skills and identify elements of a growth mindset. They talk about the range of jobs that people do and talk about what jobs they might like to do in the future. Children discuss goals they could set to work towards their ambitions and discuss challenges that many people face and how to overcome these.	-To face new challenges positively by collecting information, looking for help, making responsible choices and taking action. -To reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals. -To learn about the range of jobs carried out by people they know, and to understand how they can develop skills to make their own contribution in the future. -To recognise and challenge stereotype. -To work collaboratively towards shared goals. -To understand what is meant by enterprise and begin to develop enterprise skills.	Children to complete the Safety & Wellbeing- Aiming High learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes

Year 5/6	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A -	1) I can explain why everyone is unique and	confidence,	In this unit,	-To reflect on and celebrate their achievements,	Children to
Spring 1	understand why this should be celebrated	unique,	children discuss	identify their strengths and areas for improvement	complete the
Relationships-	and respected.	celebrate,	scenarios where	and set high aspirations and goals.	Relationships-Be
Be Yourself	Is it OK to think and feel differently to other	feelings,	children are torn	-To recognise that they may experience conflicting	Yourself learning
	people? What does 'being an individual'	thoughts,	between 'fitting in'	emotions and when they might need to listen to or	journey during
Q Q	mean and why is this a good thing?		•	overcome these.	
	2)	help,	and being true to	- To deepen their understanding of good and not	each lesson and
A Milk Com	2) I can explain why I should share my own	support,	themselves. They	so good feelings, to extend their vocabulary to	use opportunities
	thoughts and feelings and I know how to do this.	opinions,	explain how to	enable them to explain both the range and	within for self-
	Why is it important to share our thoughts	conflict,	communicate their	intensity of their feelings to others.	assessment.
	and feelings with those around us? How can	emotions,	feelings in different	- To learn to recognise what constitutes a positive,	
	we communicate our thoughts and feelings	communication	situations and use	healthy relationship and develop the skills to form	Teachers to use
	to others?	danger,	role play to show	and maintain positive and healthy relationships.	pink/green marking
		anxious,	different ways to	- To learn about change, including transitions	system to assess
	3) I can explore uncomfortable feelings and	pressure,	manage	(between key stages and schools), loss, separation,	against the L.O/
	understand how to manage them.	shy, nervous,	uncomfortable	divorce and bereavement)	Key questions after
	What are some of the uncomfortable	positive,	feelings. Children	- To recognise when they need help and to develop	each lesson
	feelings that people can feel? What can we	apologise,	discuss which	the skills to ask for help; to use basic techniques	(formative
	do to manage them?	uncomfortable,		for resisting pressure to do something dangerous,	'
		negative	situations would	unhealthy, that makes them uncomfortable or	assessment). Sheet
	4) I can understand why we sometimes feel	liegative	make people fight	anxious or that they think is wrong.	within learning
	shy or nervous and know how to manage		or flee and why	-To develop strategies to resolve disputes and	journal.
	these feelings.		and create	conflict through negotiation and appropriate	
	What situations might make us feel nervous or shy? How can we feel and act		resolutions to	compromise and to give rich and constructive	PSHE Foundation
	more confident in these situations?		tricky situations.	feedback and support to benefit others as well as	Assessment sheet
	more communit in these situations:		They identify the	themselves.	to be updated half
	5) I can identify when I might have to make		feelings involved in	- To approach challenges positively by collecting	termly against
	different choices to those		making a mistake	information, looking for help, making responsible	PSHE Association
	around me.		and how to make	choices and taking action.	Scheme of Work
	How can we know when we might have to		amends.	- To learn to recognise ways in which a relationship	Outcomes
	make a different choice to those around us?		amenus.	can be unhealthy and whom to talk to if they need	Catcomes
	How can we do the right thing even if			support.	
	others do not?			- To know how to make informed choices	
				(including recognising that choices can have	
	6) I can explore how it feels to make a			positive, neutral and negative consequences) and	
	mistake and describe how I can make			to begin to understand the concept of a 'balanced	
	amends.			lifestyle'.	
	How might we feel if we have made			- To face new challenges positively by collecting	
	a mistake or done something wrong? What			information, looking for help, making responsible	
	can we do about it?			choices, and taking action.	

Year 5/6	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A -	1) I can make informed choices in order to	choices,	In the unit 'My Body',	-To understand what positively and	Children to
Spring 2 -	look after my physical and mental health.	consent,	children understand	negatively affects their physical, mental and	complete the My
	What choices do we have about keeping	healthy,	that they can chose	emotional health.	Body (including RSE)
Me & My	our bodies healthy?	unhealthy,	what happens to	-To know how to make informed choices	learning journey
Body	What influences our choices about our	diet, drugs,	their own bodies and	(including recognising that choices can have	during each lesson
(including	bodies and our health? How can we	alcohol,	know where and how	positive, neutral and negative consequences) and to begin to understand the concept of a	and use
RSE)	decide if these are positive or negative	tobacco,	to get help of they	'balanced lifestyle'.	opportunities
	influences?	pressure,	are worried. They	-To explore and critique how the media	within for self-
$\nearrow_{\mathbb{Q}}$	2) I understand the harmful effects of	puberty,	explain some of	present information.	assessment.
I I A R	using drugs, including alcohol, and	cleanliness,	physical changes that boys and girls go	-To know which, why and how, commonly available	docoment
	tobacco.	physical	through during	substances and drugs (including alcohol, tobacco and	Teachers to use
	What are drugs, alcohol and tobacco and	health,	puberty and describe	'energy drinks') can damage their immediate and	pink/green marking
	what are the effects of using them? What	mental	some feelings young	future health and safety; that some are restricted and some	system to assess
	are the risks of taking harmful	health,	people might	are illegal to own, use and give to others.	against the L.O/
	substances? How can we make good	· ·	experience as they	-To understand what is meant by the term 'habit' and	Key questions after
	choices about dangerous substances?	wellbeing,	grow up.	why habits can be hard to change.	each lesson
	3) I know that my body belongs to me and	self-respect,	Children identify	-To understand how pressure to behave in	(formative
	that I have control over what happens to	support,	ways in which certain	unacceptable, unhealthy or risky ways can come from	'
	it.	Childline	drugs, including	a variety of sources, including people they know and	assessment). Sheet
Parental right	Why is looking after our bodies so	penis,	tobacco and alcohol,	the media.	within learning
to withdraw	important? What is autonomy and	vagina,	can harm their	-To recognise when they need help and to develop the skills to ask for help; to use basic techniques for	journal.
lesson – See	what is consent?	period,	bodies and identify	resisting pressure to do something dangerous,	DCUE Farm dation
Coordinator Parent Talk	4) I can describe how girls' and boys'	menstruation,	where the pressure to try harmful	unhealthy, that makes them uncomfortable or	PSHE Foundation
Offered	'bodies will change as they go through	wet dreams	substances might	anxious or that they think is wrong.	Assessment sheet
Offered	puberty.		come from. They	-To know about taking care of their body,	to be updated half
	What changes happen to boys' and girls'		discuss the choices	understanding that they have the right to protect	termly against
	bodies as they grow up? Why do these		related to their	their body from inappropriate and unwanted contact;	PSHE Association
	changes happen?		health that they	understanding that actions such as female genital mutilation (FGM) constitute abuse and are a crime,	Scheme of Work
	5) I know how to take care of my changing		make each day and	and develop the skills and strategies required to get	Outcomes
	body.		identify choices that	support if they have fears for themselves or their	
	How do our bodies change during		will benefit health	peers.	
	puberty? How can we take care of our		and provide a	-To learn/know how their body will, and emotions	
	changing bodies?		'balanced lifestyle'	may, change as they approach and move through	
				puberty	
	6) I can describe the feelings that some			-To recognise that they may experience conflicting	
	people experience as they grow up.			emotions and when they might need to listen to their	
	How do feelings change as we grow up?			emotions or overcome them.	
	What is a crush and how does it feel?				

Year 5/6	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A-	1) I can talk about the range of faiths and	faith,	In this unit,	-To appreciate the range of national, regional,	Children to complete
Summer 1	ethnicities in Britain and identify ways of	ethnicity,	children talk about	religious and ethnic identities in the United	the Living in the
t to to a to the	showing respect.	respect,	the range of faiths	Kingdom.	Wider World- Britain
Living in the	What kind of people live in Britain?	community,	and ethnicities in	-To understand that there are basic human	learning journey
Wider World- Britain	How can we show respect for people whose faith or ethnicity is different to	law, protect,	Britain and identify	rights shared by all peoples and all societies.	during each lesson and use
Diitaiii	ours?	parliament,	ways of showing	-To understand what being part of a	opportunities within
	ours:	consequence	respect. They	community means.	for self-assessment.
	2) I can explain what a community is and	democracy,	explain how and	-To appreciate the range of national, regional,	Tor sen assessment.
	what it means to belong to one.	human	why laws are made	religious and ethnic identities in the United	Teachers to use
	What is a community and who makes it	rights, local	and explain what a	Kingdom.	pink/green marking
	what it is? How can we contribute to our	government,	community is.	-To learn that they have different kinds of	system to assess
	community?	national	Children discuss	responsibilities, rights and duties at home, at	against the L.O/ Key
		government,	the role of local	school, in the community and towards the	questions after each
	3) I can explain why and how laws are	charity,	government and	environment; to continue to develop the skills	lesson (formative
	made and identity what might happen if	voluntary,	investigate the	to exercise these responsibilities.	assessment). Sheet
	laws are broken.	needs,	structure of	- To understand why and how rules and laws	within learning
	How does the law help us? What could	support,	national	that protect themselves and others are made	journal.
	happen if laws are broken?	prime	government. The	and enforced.	PSHE Foundation
	4) I can discuss the terms democracy and	minister,	talk about the role	-To realise the consequences of anti-social,	Assessment sheet to
	human rights in relation to local	politicians,	of charities and	aggressive and harmful behaviours, such as	be updated half
	government.	members of	voluntary groups in	bullying and discrimination of individuals and	termly against PSHE
	What is 'local government' and what	parliament,	the community and	communities.	Association Scheme
	does it do? How does local government	elect	identify how they	- To understand what democracy is and	of Work Outcomes
	work?	0.000	meet the needs of	about the basic institutions that support it	
			all people in the	locally and nationally.	
	5) I can discuss the terms democracy and		community.	-To understand what being part of a	
	human rights in relation to national			community means and about the varied	
	government.			institutions that support communities locally	
	What is 'national government' and what does it do? How does national			and nationally.	
	government work?			-To recognise the role of voluntary,	
	government work:			community and pressure groups, especially in	
	6) I can investigate what charities and			relation to health and wellbeing.	
	voluntary groups do and how they support			-To think about the lives of people living in	
	the community.			other places, and people with different values	
	What are charities and voluntary groups?				
	What do they do?			and customs.	

Year 5/6	What are we learning?	Vocabulary	What knowledge	What key skills will we learn?	How will these be
Year A	Learning Objectives		and understanding	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		will we gain?	Work)	
Year A-	1) I can explain some financial risks we	money,	In this unit,	-To learn about the role money plays in	Children to complete
Summer 2	might encounter and can discuss how	investment,	children talk about	their own and others' lives, including how to	the Living in the
	we can avoid them.	gain,	what financial risk	manage their money and about how to be a	Wider World- Money
Living in the	What are financial risks? How do we	interest, risk,	is and discuss ways	critical consumer.	Matters learning
Wider World- Money	avoid them?	value,	advertisers try to	-To understand that resources can be	journey during each lesson and use
Matters		manufacturer	influence us. They	allocated in different ways and that these	opportunities within
Watters	2) I understand how retailers try to	retailer,	identify why it	economic choices affect individuals,	for self-assessment.
	influence our spending.	advertise,	means to be a	communities and the sustainability of the	Tor sen assessment.
	How do manufacturers and retailers	consumer,	'critical consumer'	environment across the world.	Teachers to use
twinkCom	try to influence the way we spend our	price,	and describe what	- To develop an initial understanding of the	pink/green marking
	money? How can we be 'critical	repayment,	value for money	concepts of 'interest', 'loan', 'debt' and 'tax'	system to assess
	consumers'?	prioritise,	means. They talk	(e.g. their contribution to society through	against the L.O/ Key
		wages,	about and explain	the payment of VAT).	questions after each
	3) I understand what 'value for money'	income,	what 'interest' and		lesson (formative
	means and can explain how we can	spending,	what 'tax' is.		assessment). Sheet
	tell if things are good value.	loan, tax,			within learning
	What does 'value for money' mean?	society			journal.
	How do we know if things are good				PSHE Foundation
	value for money?				Assessment sheet to
	•				be updated half
	4) I can explain why we need to				termly against PSHE
	budget and how to make one				Association Scheme
	Why might we need a budget? How				of Work Outcomes
	might we make a budget?				
	5) I can explain why people borrow				
	money.				
	What are the risks and consequences				
	of borrowing money? What is				
	interest?				
	6) I can explain what tax is and why we				
	need to pay it.				
	What is tax? What is tax used for?				
	The same strict is taken as a second to the				

Year 5/6 Year B	What are we learning? Learning Objectives	Vocabulary	What knowledge and understanding will	What key skills will we learn? (Key outcomes- PSHE Association Scheme of	How will these be assessed?
Teal B	The Big Questions		we gain?	Work)	assesseu.
Year B- Autumn 1 Relationships- VIPs	1) I can explain the importance of respecting my VIPs. Who are the important people in our lives? Why are they important? Why is it important to treat them kindly? What can happen if we don't treat your family and friends with respect? 2) I can explain the importance of respecting my VIPs. Who are the important people in our lives? Why are they important? Why is it important to treat them kindly? What can happen if we don't treat your family and friends with respect? 3) I understand that people have different opinions that should be respected. Do people who care about each other always have to agree? How can we resolve disagreements without falling out? 4) I can identify negative influences on my behaviour and suggest ways that I can resist these influences. When might we feel under pressure to do something that we feel unsure about or don't want to do? What can we do when this happens? 5) I can explain when it is right to keep a secret, when it is not and who to talk to about this. When is it OK to keep a secret? When is this not OK? How can we know when we should break a confidence or tell a secret? 6) I can recognise healthy and unhealthy relationships. What are some of the signs of an unhealthy or risky relationship? When might it be best to end a relationship and how can we do this?	friends, family, friendship, emotions, anger, sadness, upset, calm, kind, support, help, anxious, dangerous, secrets, confidential, share, healthy, unhealthy, relationships relatives	In this unit, children share ideas for ways they can care for very important people (VIPs) in their life. They discuss how a disagreement could be handled with support and create and display a calming technique on a poster. Children explain ways to resist peer pressure and identify which secrets are OK to keep and which need to be shared with support. They identify some aspects of healthy and unhealthy relationships and take part in discussion on how unhealthy relationships could be identified.	-To recognise different types of relationship, including those between acquaintances, friends, relatives and familiesTo know that their actions affect themselves and othersTo learn to recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationshipsTo develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselvesTo listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary, constructively challenge others' points of viewTo learn to resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choicesTo know that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the mediaTo recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrongTo understand the concept of 'keeping something confidential or secret', when we should or should not agree to this and when it is right to 'break a confidence' or 'share a secret'To recognise ways in which a relationship can be unhealthy and who to talk to if they need support.	Children to complete the Relationships-VIPs learning journer during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes.

Year 5/6	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B-	1) I understand the link between thoughts,	positive	In this unit,	-To face new challenges positively by	Children to complete
Autumn 2	feelings and behaviours.	thoughts,	children talk about	collecting information, looking for help,	the Safety &
	What are thoughts, feelings and	negative	their thoughts,	making responsible choices, and taking	Wellbeing- Think
Safety &	behaviours? How do thoughts, feelings	thoughts,	feelings and	action.	Positive learning
Wellbeing- Think Positive	and behaviours influence each other?	attitude,	behaviours. They	-To consider what positively and negatively	journey during each lesson and use
inink Positive	2) I understand the concept and impact of	uncomfortable	identify helpful and	affects their physical, mental and emotional	opportunities within
1111	positive thinking.	emotions,	unhelpful thoughts	health.	for self-assessment.
	How do helpful and unhelpful thoughts	mental health,	and suggest	-To deepen their understanding of good and	101 3611-0336331116111.
Carre	affect the way we feel and act? What	challenge,	outcomes linked to	not so-good feelings, to extend their	Teachers to use
	should we do about unhelpful thoughts?	practice, perseverance,	certain feelings and	vocabulary to enable them to explain both the	pink/green marking
	How can we encourage helpful thoughts?	being present,	actions. When	range and intensity of their feelings to others.	system to assess
		effort, control,	guided, children	-To recognise that they may experience	against the L.O/ Key
	3) I can recognise and manage	feelings,	are able to use	conflicting emotions and when they might	questions after each
	uncomfortable feelings.	consequences	basic mindfulness	need to listen to, or overcome these.	lesson (formative
	How do uncomfortable feelings	choices,	techniques and	-To know how to make informed choices	assessment). Sheet
	affect our thoughts and	achievements,	discuss ways in	(including recognizing that choices can have	within learning
	actions? What can we do to manage	thoughts,	which positive	positive, neutral and negative consequences)	journal.
	uncomfortable feelings?	decisions,	thinking can be	and to begin to understand the concept of a	DCUE Farmedation
	4) I understand the importance of making	goals,	beneficial. They	'balanced lifestyle'.	PSHE Foundation Assessment sheet to
	good choices.	mindful,	describe what	-To learn that their actions affect themselves	be updated half
	What sorts of decisions and choices do	growth	makes a good	and others.	termly against PSHE
	we have to make in life? How can making	mindset	learner and identify	-To recognise that they may experience	Association Scheme
	good choices make us happy?		common choices	conflicting emotions and when they might	of Work Outcomes.
	,		we have to make in	need to listen to, or overcome these	
	5) I can use mindfulness techniques in my		life.	need to listen to, or overcome these	
	everyday life.		iiie.		
	What is mindfulness and how do we				
	encourage positive thoughts and				
	feelings? How can we be mindful in our				
	everyday lives?				
	6) I can apply a growth mindset in my				
	everyday life.				
	How can our thoughts and feelings help				
	us have a positive attitude to learning?				
	What strategies can we use to overcome				
	difficulties and challenges?				

Year 5/6 Year B	What are we learning? Learning Objectives The Big Questions	Vocabulary	What knowledge and understanding will we gain?	What key skills will we learn? (Key outcomes- PSHE Association Scheme of Work)	How will these be assessed?
Year B- Spring 1 Living in the Wider World-Respecting Rights	1) I can explain what the Universal Declaration of Human Rights is and understand that children have their own rights. What are rights and what rights do people share? What special rights do children have? 2) I understand that human rights apply to everyone, no matter where they are from, what their culture is and what family traditions they have. Is it acceptable to do things against human rights laws if it is traditional or part of a culture? Why might someone do something that could harm or be against the human rights of a family member they care about? 3) I can identify why people's rights are sometimes not met in the UK and in places across the world. Why are people's human rights sometimes not met in places across the world? Why are people's human rights sometimes not met here in the UK? 4) I can explain how I can respect other people's rights and I understand why this is important What do we need to do to respect the human rights of others? What are the consequences of not respecting these rights?	human rights, universal, equality, fair, respect, protect, share, choice, action, rights- respecting, activist, impact, consequence law, crimination, change, campaign, behave, everyone	In this unit, children explain that there are basic human rights that all people share and understand that children have their own rights. They understand that human rights are universal and cannot be taken away and recognise that there are people across the world whose rights are not met. Children learn the importance of being rights- respecting citizens and identify that ideas about human rights change over time. They learn what a human rights activist is and explain what they do.	-To understand that there are basic human rights shared by all peoples and all societies and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child. -To know that these universal rights are there to protect everyone and have primacy both over national law and family and community practice. -To know that there are some cultural practices which are against British law and universal human rights, such as female genital mutilation (FGM). -To understand that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation and disability (see 'protected characteristics' in the Equality Act 2010). -To know that these universal rights are there to protect everyone and have primacy both over national law and community practice. -To research, discuss and debate topical issues, problems and events that are of concern to them and offer their recommendations to appropriate people. -To know that marriage is a commitment freely entered into by both people, that no one should marry if they don't absolutely want to do so or are not making this decision freely for themselves. -To understand that forcing anyone to marry is a crime and that support is available to protect and prevent people from being forced into marriage and to know how to get support for them self or others	Children to complete the Living in the Wider World-Respecting Rights learning journey during each lesson and use opportunities within for self-assessment. Teachers to use pink/green marking system to assess against the L.O/ Key questions after each lesson (formative assessment). Sheet within learning journal. PSHE Foundation Assessment sheet to be updated half termly against PSHE Association Scheme of Work Outcomes

Year 5/6	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B- Spring	5) I can identify how and why ideas			-To consider the lives of people living in other	
1	about human rights have changed.			places, and people with different	
	What are some of the ways that ideas			values and customs	
Living in the	about human rights have changed?			-To learn why and how rules and laws that	
Wider World-	How have those changes happened?			protect themselves and others are made and	
Respecting				enforced, why different rules are needed in	
Rights	6) I can explain the role and			different situations and how to take part in	
(continued)	importance of human rights activists.			making and changing rules.	
200 GOLGEN	What is a 'human rights activist' and			-To realise the consequences of anti-social,	
mineral Company	what do they do? How have these			aggressive and harmful behaviours, such as	
	people made the world a better place			bullying and discrimination of individuals and	
F=X Z / 10000"T1"	for everyone?			communities; to develop strategies for getting	
	Tor everyone:			support for themselves or for others at risk.	
				-To realise the nature and consequences of	
				discrimination, teasing, bullying and aggressive	
				behaviours (including cyberbullying, use of	
				prejudice-based language, 'trolling', how to	
				respond and ask for help).	
				-To understand that bullying (including	
				cyberbullying) has a negative and often lasting	
				impact on mental wellbeing.	
				-To understand why and how rules and laws	
				that protect themselves and others are made	
				and enforced, why different rules are needed	
				in different situations and how to take part in	
				making and changing rulesTo know why and how rules and laws that	
				protect them and others are made and	
				enforced, why different rules are needed in	
				different situations and how to take part in	
				making and changing rules.	
				-To research, discuss and debate topical issues,	
				problems and events that are of concern to	
				them and offer their recommendations to	
				appropriate people.	
				-To learn about the role of voluntary,	
				community and pressure groups, especially in	
				relation to health and wellbeing.	

Year 5/6	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives	-	understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B- Spring	1) I can describe the feelings that some	reproduction,	In the unit 'My Body',	-To know how their body will, and their emotions	Children to complete
2	people experience as they grow up.	penis, vagina,	children revisit and	may, change as they approach and move through	the My Body
	How do feelings change as we grow up?	sexual	name physical	puberty.	(including RSE)
Me & My	What is a crush and how does it feel?	intercourse,	changes that young	-To learn about the difference between	learning journey
Body		uterus, egg,	people will	sex, gender identity and sexual orientation	during each lesson
(including	2) I understand what a loving relationship	foetus,	experience during	and the terms associated with sex, gender	and use
RSE)	is and that there are many types of	testicles,	puberty and explain	identity and sexual orientation.	opportunities within
	relationships.	sperm,	the process of human	-To learn that forcing anyone to marry is a	for self-assessment.
Year 6	What is a loving relationship? What kinds	breasts,	reproduction from	crime; that support is available to protect	
Year Group	of loving relationships are there?	puberty,	conception to birth	and prevent people from being forced into	Teachers to use
Specific		emotions,	using scientific	marriage and to know how to get support for	pink/green marking
	3) I can describe male and female body	hormones,	vocabulary. They	themselves or others.	system to assess
20	parts and understand their role in	homosexual,	describe emotional	-To learn about human reproduction.	against the L.O/ Key
	reproduction. I understand what a sexual	heterosexual,	changes young	-To recognise and challenge stereotypes.	questions after each
ANA D	relationship is and who can have a sexual	gay, lesbian,	people might	-To recognise how images in the media (and	lesson (formative
	relationship	bisexual, race,	experience during	online) do not always reflect reality and can affect	assessment). Sheet
	What are the differences between the	civil	puberty and name	how people feel about	within learning
	male and female bodies? What are the	partnership,	some ways to cope	themselves.	journal.
	male and female parts of the body for?	commitment,	with new or difficult	-To explore and critique how the media present	2015
	What is a sexual relationship and who	age, womb,	emotions. Children	information.	PSHE Foundation
Parental right	can have one? What is sexual	body image,	describe the different	-To critically examine what is presented to them in	Assessment sheet to
to withdraw	intercourse? What type of physical	self-esteem,	types of loving	social media and why it is important to do so;	be updated half
lesson – See	contact is unacceptable and how should	society	relationship that exist	understand how information contained in social	termly against PSHE Association Scheme
Coordinator	we respond?		and use a range of	media can misrepresent or mislead; the importance of being careful what they forward.	of Work Outcomes
Parent Talk Offered	4) I can describe how babies are made and		key vocabulary when discussing differences	-To understand the term 'sexual relationship'	of work outcomes
Offered	how they are born.		in sex, gender	-To learn about the ways in which puberty can	
	How are babies made? How are babies		identity and sexual	affect us emotionally	
	born?		orientation. They	-To understand that they have the right to protect	
	boin:		appreciate that there	their body from inappropriate and unwanted	
	5) I recognise that many things affect the		is no such thing as a	contact.	
	way we feel about ourselves and I		'perfect body' and	Contact	
	understand that there is no such thing as		describe some of the		
	an ideal body.		ways in which the		
	Is there an ideal kind of body? What		media fuels this		
	information can affect how we think and		notion.		
	feel about ourselves and our bodies?				

Year 5/6	What are we learning?	Vocabulary	What knowledge and	What key skills will we learn?	How will these be
Year B	Learning Objectives		understanding will	(Key outcomes- PSHE Association Scheme of	assessed?
	The Big Questions		we gain?	Work)	
Year B-	1) I can talk about and understand how we	renewable,	In this unit, children	-To know that they have different kinds of	Children to complete
Summer 2	can be responsible global citizens.	citizenship,	explain what a global	responsibilities, rights and duties at home,	the Living in the
	What does it mean to be a global citizen?	environment	citizen is and explain	at school, in the community and towards	Wider World- One
Living in the	How can we be responsible global	responsible,	what global warming	the environment, to continue to develop the	World First learning
Wider World-	citizens?	resources,	is. They understand	skills to exercise these responsibilities.	journey during each
One World	2) I can describe what global warming is	energy,	the importance of	-To understand that there are basic human	lesson and use
040	and what we can do to help prevent it	global	not wasting water	rights shared by all peoples and all societies	opportunities within
	from getting worse.	warming,	and understand that	and that children have their own special rights	for self-assessment.
	What is global warming and why is	choice,	human energy can	set out in the United Nations Declaration of	
M	it happening? What are the effects of	-	harm the		Teachers to use
	global warming and how can we prevent	greenhouse	environment.	the Rights of the Child.	pink/green marking
	them from becoming worse?	effect,	Children understand what biodiversity is	- To recognise that resources can be allocated	system to assess against the L.O/ Key
	gi	global,	and understand that	in different ways and that these economic	questions after each
	3) I can explain how our energy use can	citizen, non-	their choices can	choices affect individuals, communities and	lesson (formative
	harm the environment and describe what	renewable,	have far reaching	the sustainability of the environment across	assessment). Sheet
	we can do to help.	clean water,	consequences.	the world.	within learning
	How does energy we use contribute to	bio diversity,	consequences:	- To recognise that resources can be allocated	journal.
	global warming? What can we do to	consequence		in different ways and that these economic	Journal.
	help?	pollutant,		choices affect individuals, communities and	PSHE Foundation
	4) I can describe how we can use water	responsibility		the sustainability of the environment across	Assessment sheet to
	responsibly and understand the	sustainable,		the world.	be updated half
	importance of doing this.	sustainability			termly against PSHE
	Why is it important not to waste water?	Earth			Association Scheme
	How can we use water responsibly?				of Work Outcomes
	5) I can understand what biodiversity is				
	and explain the importance of doing all we				
	can to encourage it.				
	What is biodiversity and why is it				
	important? What can we do to encourage				
	biodiversity?				
	6) I can make choices which make the				
	world a better place and that help people				
	across the world.				
	How can choices we make have an				
	impact on people across the world? What				
	is our plan for making the world a better				
	place?				

Impact

End points are set from the DFE (2019) Relationships and Sex Education Guidance and PSHE Association Scheme of Work. By the end of each key stage, pupils are expected to know, apply and understand the knowledge, skills and competencies as specified in the key outcomes from the PSHE Association Scheme of Work.

In order to achieve the Intent of the PSHE curriculum, assessment for learning is continuous throughout the planning, teaching and learning cycle. Assessments are made in order to improve. They are used to identify where there are gaps in learning for particular pupils. Planning is adjusted as a result in order to ensure that identified pupils catch up or close the gap. All pupils are individual and will be assessed in this way to ensure that they fulfil their individual potential. The founding assumption is that all pupils can achieve mastery (breadth and depth) if they are supported to do so.

Pupils' progress is continually monitored throughout their time at the school and is used to inform future learning and teaching. Teaching staff will assess the children's knowledge and skills at the end of each unit by asking children to complete the reflection pages of their learning journey. These pages highlight that children know more, remember more and are able to do more; in terms of knowledge, skills and their own emotional responses. Children also have the opportunity to think ahead to what they would like to learn about in future lessons.

Subject leader monitoring will include the following aspects:

- Work sampling to ensure development of key learning and key vocabulary;
- Discussing and checking understanding of learning and work with pupils, including effective challenge for more able pupils;
- Monitoring planning to ensure full coverage of the curriculum;
- Monitoring Planning and PSHE Assessment sheet to ascertain coverage of the curriculum and pupils working at, above and below expected standard.
- Checking that there are opportunities to use and apply speaking & listening and writing skills in each subject area, consistent with quality in Literacy books.
- Monitoring language skills ensuring pupils understand key vocabulary;
- Climate walks;
- Lesson visits;
- Gathering and responding to stakeholder's views, including pupils;
- Links to other areas of the curriculum including Maths, Science, Religious Education

Subject leaders will:

- Work with teachers to ensure pupils are supported to achieve at least sufficient progress and expected attainment.
- Produce an annual Action Plan to work on key development points.

