FREE ONLINE WORKSHOPS

FOR PARENTS AND CARERS

OF NEURODIVERGENT CHILDREN AND YOUNG PEOPLE

Delivered by the Mental Health Support Team
@EssexMHST_and_SETcamhs

SCAN TO REGISTER

bit.ly/4jtb46c



Communication Differences
7th December 9:30 am

Meltdowns and Shutdowns
8th December 7:00 pm

Striving to provide the best care by the best people

MENTAL HEALTH SUPPORT TEAM ESSEX

NHS
North East London
NHS Foundation Trust